

# Escaping Poverty?

focusing on psycho-social constraints

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May 2023

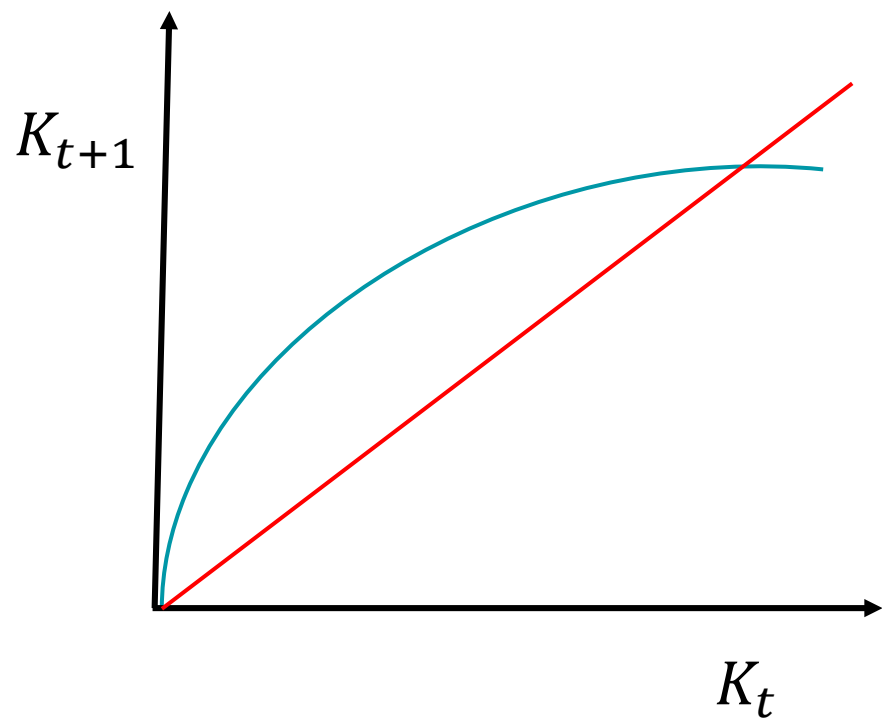
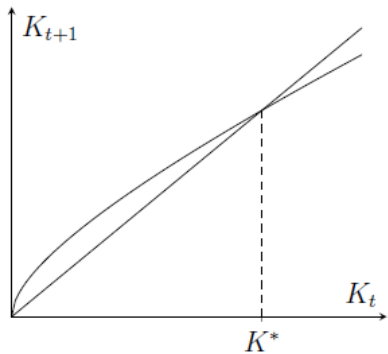
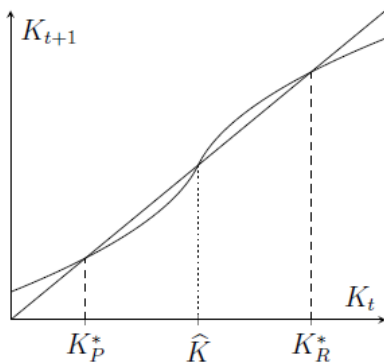


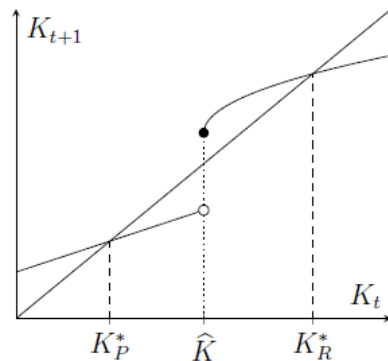
Figure 3: Three Transition Equations and Implied Asset Dynamics



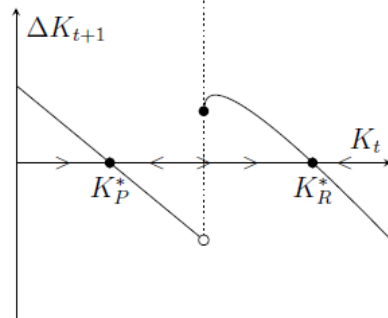
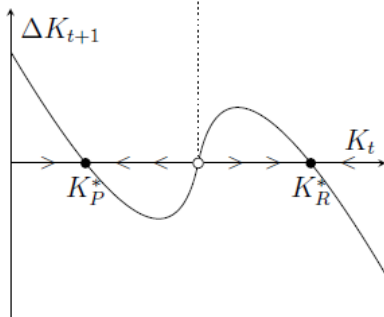
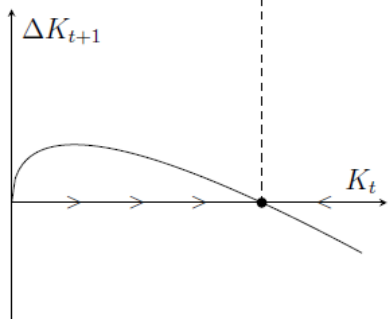
(a) Globally Concave Production Function



(b) S-shaped Production Function



(c) Production Function with Indivisibilities

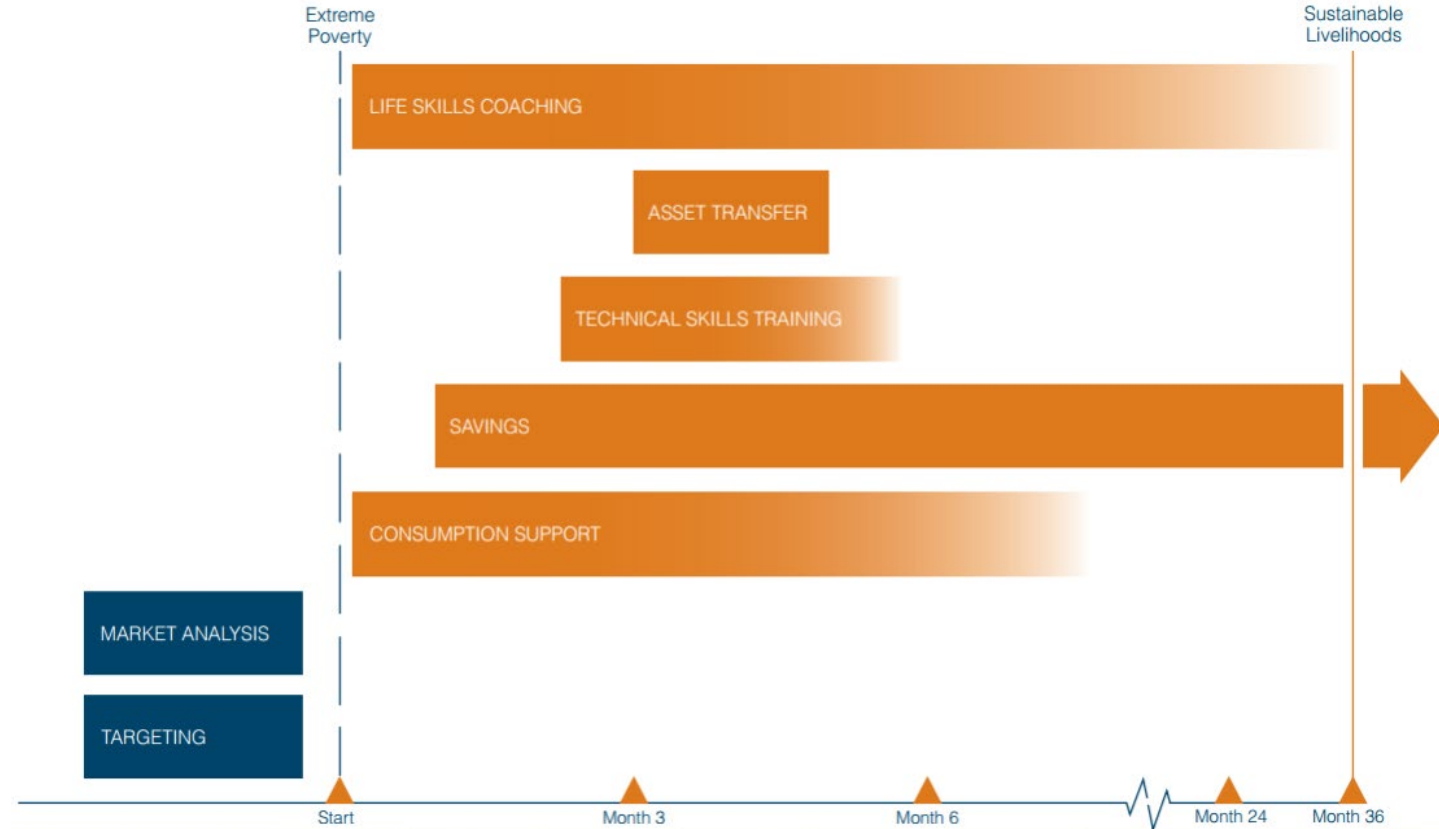


# Escaping Poverty: Psychosocial Constraints and Social Protection

Nathan Barker, Gharad Bryan, Dean Karlan,  
Angela Ofori-Atta, Christopher Udry

# The Multi-Faceted Approach

(“Graduation” or “Productive Inclusion” or “Livelihood Plus” or “Cash plus”)



# Ghana: Escaping Poverty Project Overview

Replication & extension of the  
Ghana Ultra Poor (“GUP”) Graduation study  
Banerjee et al. (2015) *Science*

## Key extensions:

1. Cognitive Behavioral Therapy (CBT) treatment arm
  - CBT Implemented prior to Graduation program
  - Short-run results for CBT from survey completed post-CBT and pre-Graduation program
  - Long-run results from post-Graduation program
2. Cash treatment arm

# Escaping Poverty – Plan today

1. Notable impact heterogeneity across recipients and programs  
Can mental health/cognitive aspects explain some of this?
2. Can the program work with just psycho-social (& savings)?  
Or, graduation program without the lump-sum grant?
3. Impact of broadly targeted CBT, short-run and long-run?
4. Does improved mental health increase impact of Graduation?
5. How do behavioral and asset-based ‘poverty traps’ interact?

# Behavioral Economics 1.0 → 3.0

Behavioral economics 1.0: Laboratory, theory

Behavioral economics 2.0: Nudge, scalpel-like tests of theory

- Commitment (savings, fertilizer, smoking, etc)
- Attention (reminders)
- Optimism (less studied, beliefs tough to measure! Needs work...)
- Endowment effects & sunk costs  
(less studied, and often nulls: bednets, Halloween candy)
- Social Norms (beliefs, networks/info asymmetries)

Behavioral economics 3.0:

- Broader policy, direct interventions
- Recognizes complexity, heterogeneity
- Built into programs, or are programs



# Motivating Evidence

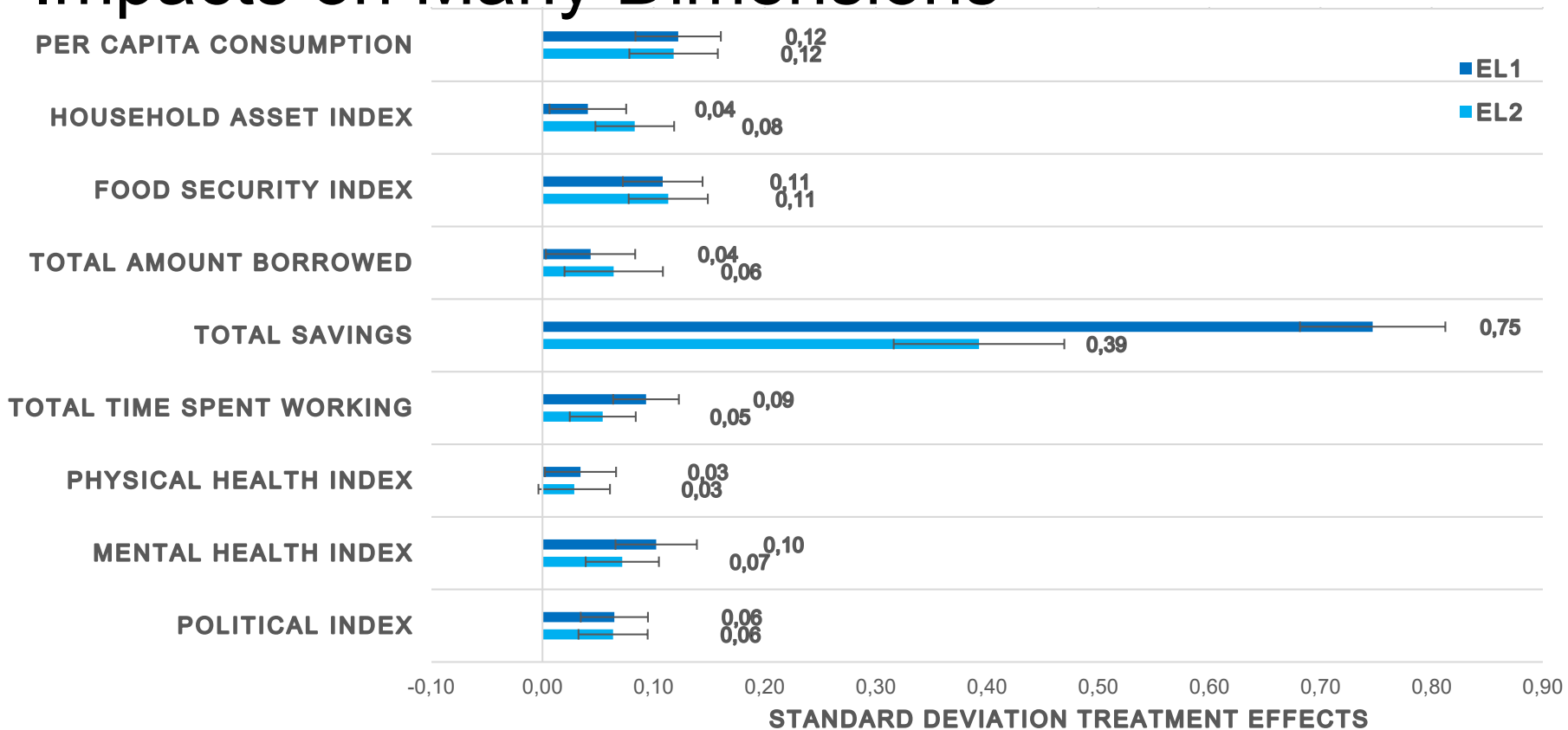
# Motivating Evidence

1. “Graduation” programs can be effective in improving multiple dimensions of people’s lives, for at least several years after support has ended

# Eight Sites of Original Graduation Tests



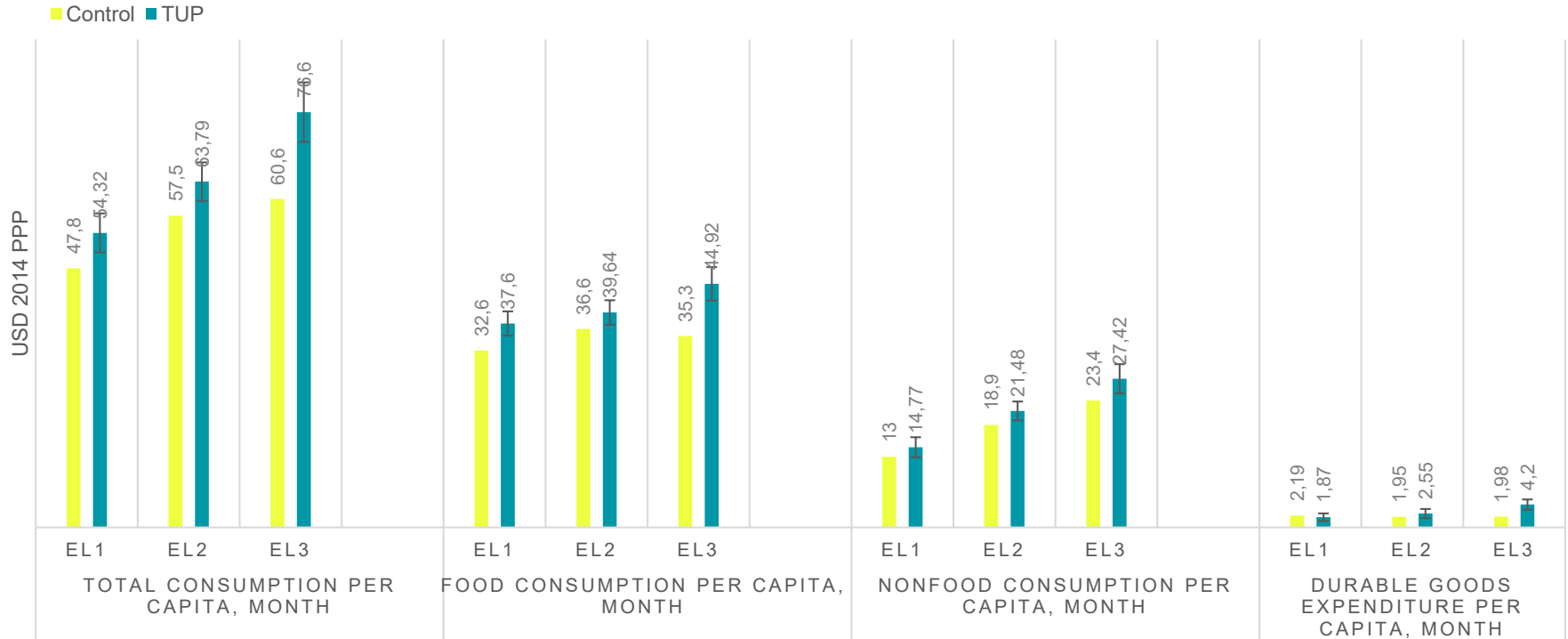
# Impacts on Many Dimensions



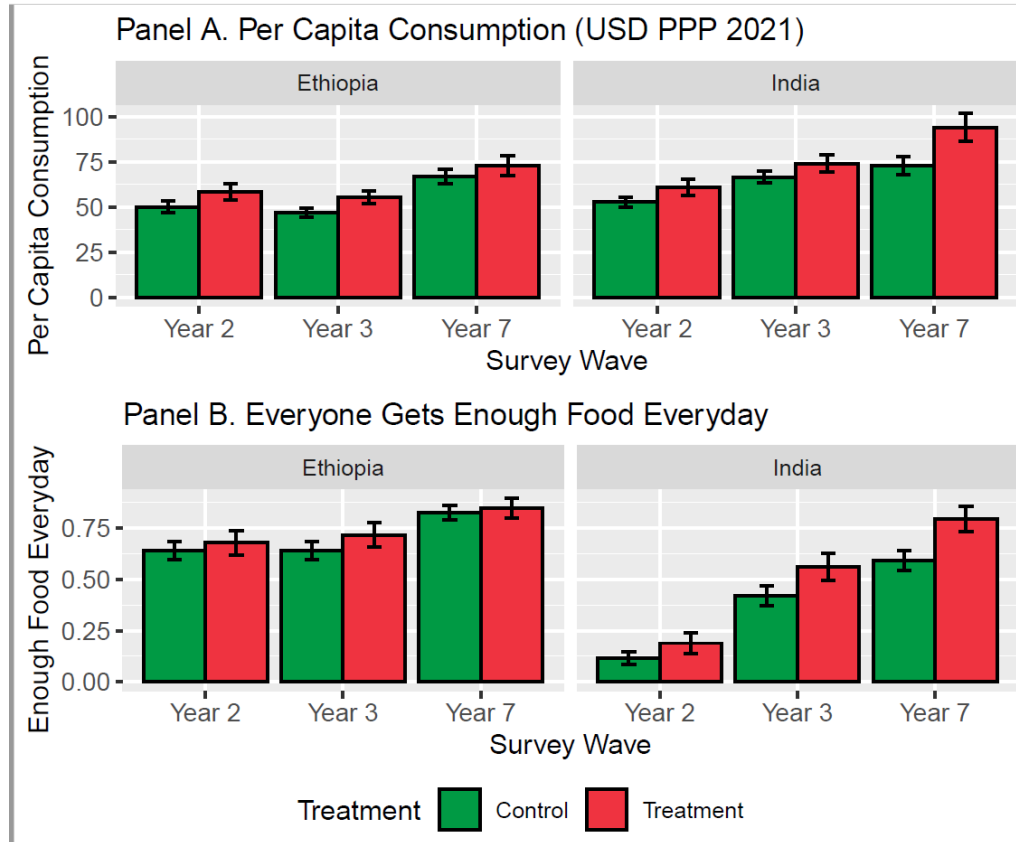
# Graduation Can Have Long-Term Impacts

Banerjee, Duflo & Garima, 2021

7-Year Impacts of Bandhan's Program in West Bengal, India



# Ethiopia (vs India) 7-year results



A woman with a red headscarf and a striped polo shirt is smiling as she pours tea leaves from an orange bucket into a yellow basket. She is standing in a tea plantation with rows of tea bushes. In the background, there are rolling hills with terraced tea fields under a cloudy sky.

Does mental health drive  
heterogeneity in impacts?

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# 6-Site Study Bayesian Hierarchical Model

## w/ Rachael Meager and Witold Wiecek

Table 3: Relative treatment effects for different targeting strategies

Outcome	Target	Mean	LCI	UCI
Assets	Higher than average political involvement	-0.04	-0.06	-0.02
Assets	Household head over 45	-0.03	-0.04	-0.01
Econ. status	Household head over 45	-0.02	-0.03	0.00
Econ. status	Above average consumption	-0.01	-0.03	0.00
Assets	Higher than average health	-0.01	-0.02	0.00
Time working	Majority of household is children	0.01	0.00	0.02
Time working	Over 2/3 of consumption is on food	0.01	0.00	0.02
Time working	Household head 30-45	0.01	0.00	0.02
Assets	Above average household size	0.01	0.00	0.02
Assets	Above average consumption	0.01	0.00	0.02
Assets	Household head 30-45	0.02	0.01	0.03
Assets	Education years in top quartile	0.02	0.00	0.03
Assets	Above average baseline	0.02	0.01	0.04
Time working	Higher than average mental health	0.03	0.01	0.05
Econ. status	Household head is female	0.07	0.03	0.11
Econ. status	Above average baseline	0.08	0.02	0.14

*Note:* Estimates are given in SDs of endline control. To calculate this, for each Bayesian posterior sample we take the mean ITEs among all households and subtract mean ITE across which households meeting particular criterion. LCI and UCI are lower and upper ends of the 95% uncertainty interval.



# Motivating Evidence

2. Evidence from GUP - the Ghana implementation - shows that the asset transfer alone did little to improve lives (Bannerjee, Karlan, Osei, Trachtman, Udry JDE 2021)

[Details](#)

# Motivating Evidence

3. Better saving opportunities did not achieve improvements similar to GUP  
(Bannerjee, Karlan, Osei, Trachtman, Udry JDE 2021)  
[Details](#)

# Motivating Evidence

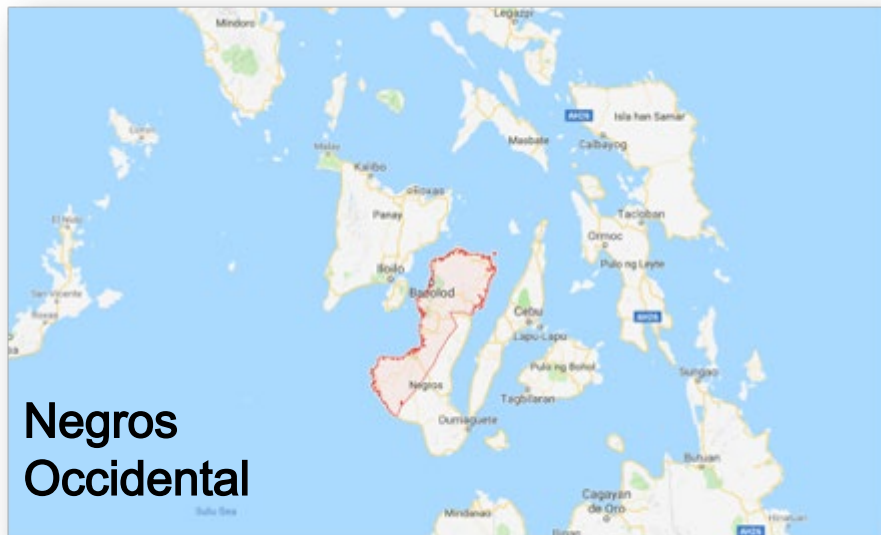
4. Banerjee, Karlan, Trachtman, Udry (WP 2022) shows
  - a. GUP increased income, and labor supply. Consistent with
    - i. Investments leading to higher productivity on own enterprise + labor market imperfections = household labor pulled into enterprise
    - ii. Physiological or psychological graduation labor productivity effect
  - b. Bags experiment eliminates (i)

[Details](#)

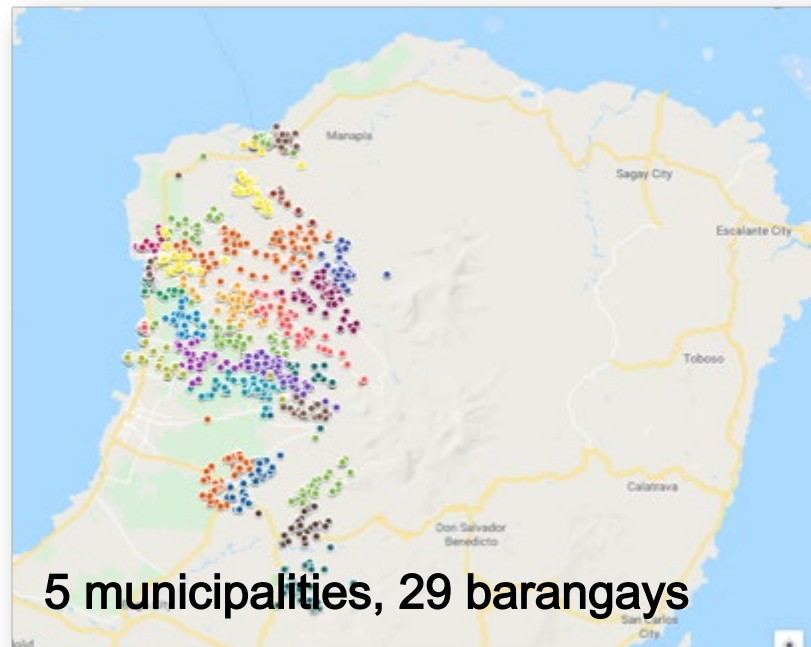
# Motivating Evidence

5. DOLE Philippines pilot program evaluation shows little gain from moving to individual coaching from group coaching

# Study location and sample



**Sample:** Poor HHs from 29 barangays that were added to CCT program from 2015-2017, not beneficiary of similar program

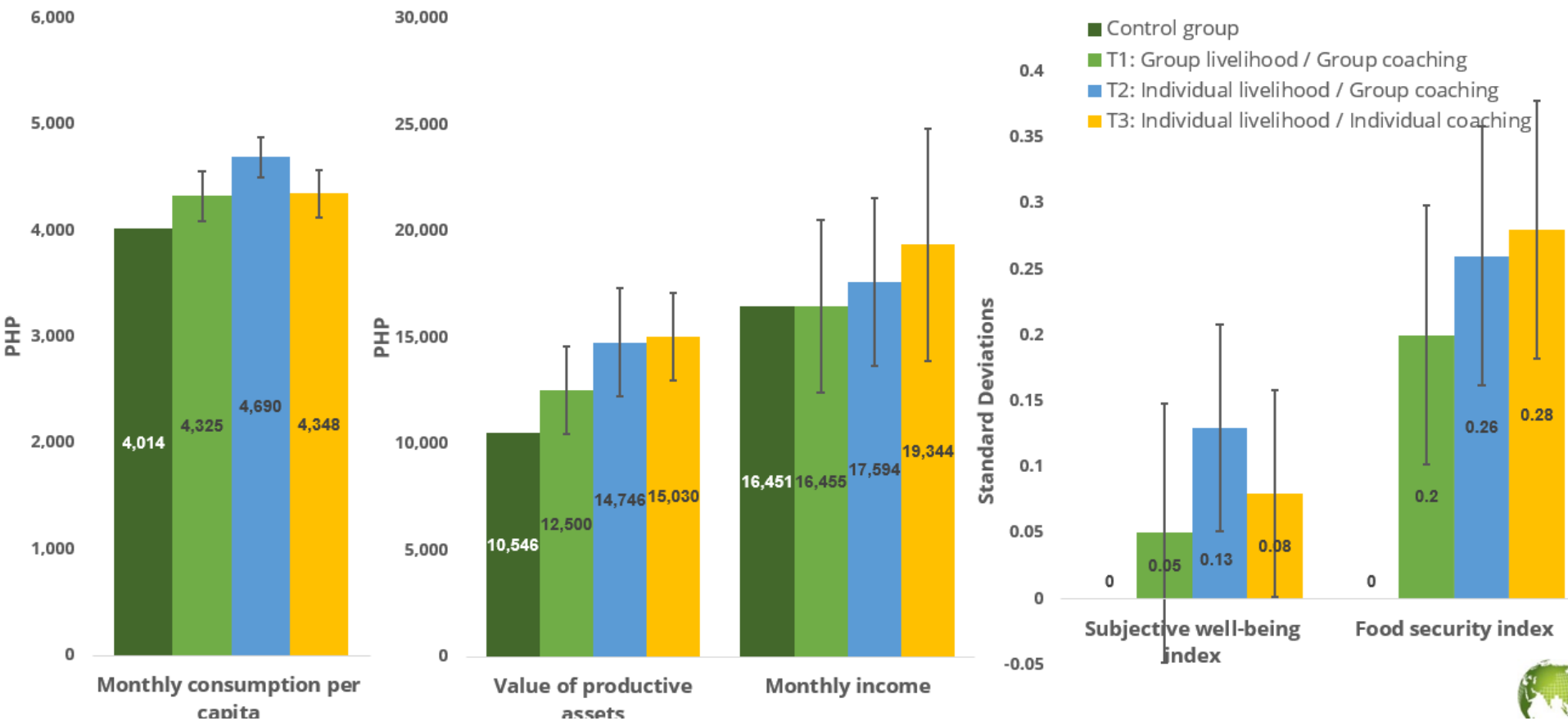


# RCT with 3 treatment arms + control group

Intervention	Control (N=586)	T1: Group livelihoods and group coaching (N=587)	T2: Individual Livelihoods and group coaching (N=583)	T3: Individual livelihoods and individual coaching (N=583)
<b>4Ps</b>	✓	✓	✓	✓
<b>In-kind asset transfer</b>	×	\$1,500 per group of 5	\$300 per individual	\$300 per individual
% received transfer	×	62%	73%	78%
<b>Coaching (two -weekly)</b>	×	Group	Group	Individual
<b>Skills training</b>	×	✓	✓	✓
<b>Savings facilitation</b>	×	✓	✓	✓
<b>Community mobilization</b>	×	✓	✓	✓

**Sample:** HHs from 29 barangays in Negros Occidental that were added to 4Ps between 2015 and 2017, not a beneficiary of a similar program (SLP)

# Improved household welfare across multiple measures

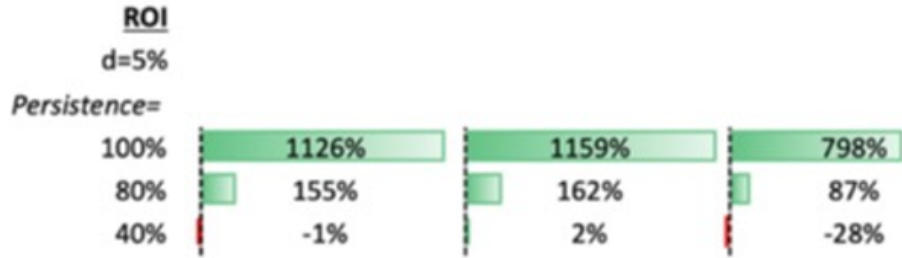


# Results summary

- All arms **increased household well-being on multiple dimensions:**
  - 8–9% increase in monthly per-capita consumption (324–728 Php).
  - 0.20–0.28 s.d. increase in household food security.
  - 19–43% increase in productive asset value (1,954–4,484 Php).
  - 0.13 s.d. increase subjective well-being for individual livelihood w/ group coaching
- No evidence of income change (due to high observed dispersion?)

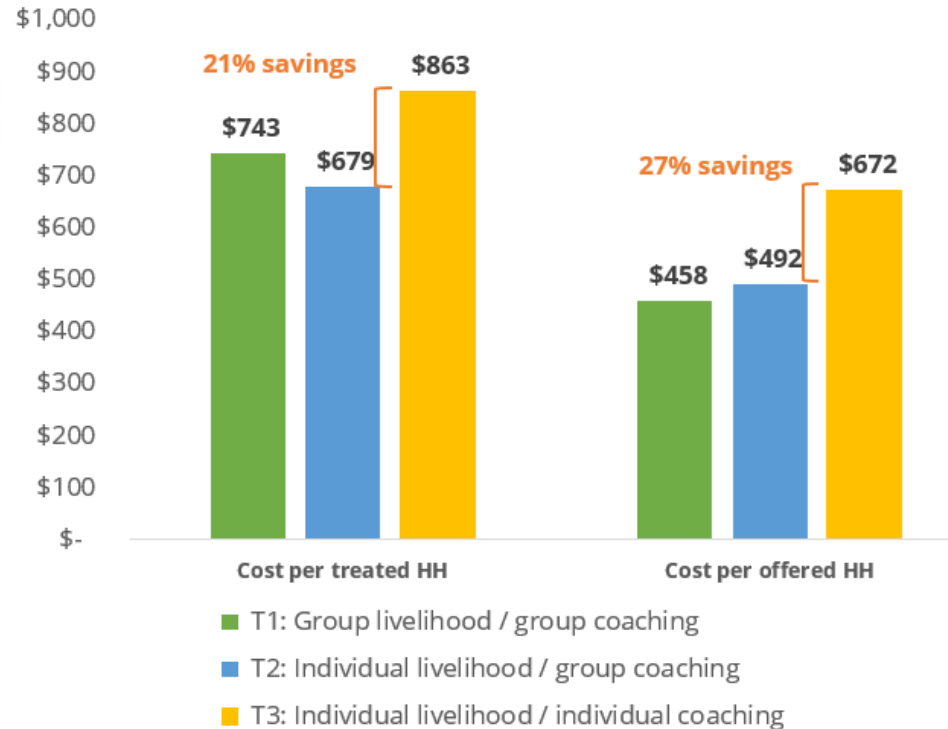


# Cost-effectiveness



Persistence of effects will determine return on investment

Effects may even grow over time  
(Banerjee et al. 2016)



# Motivating Evidence

6. AVSI Uganda Mid-line results show remarkable effectiveness of no-asset coaching plus training

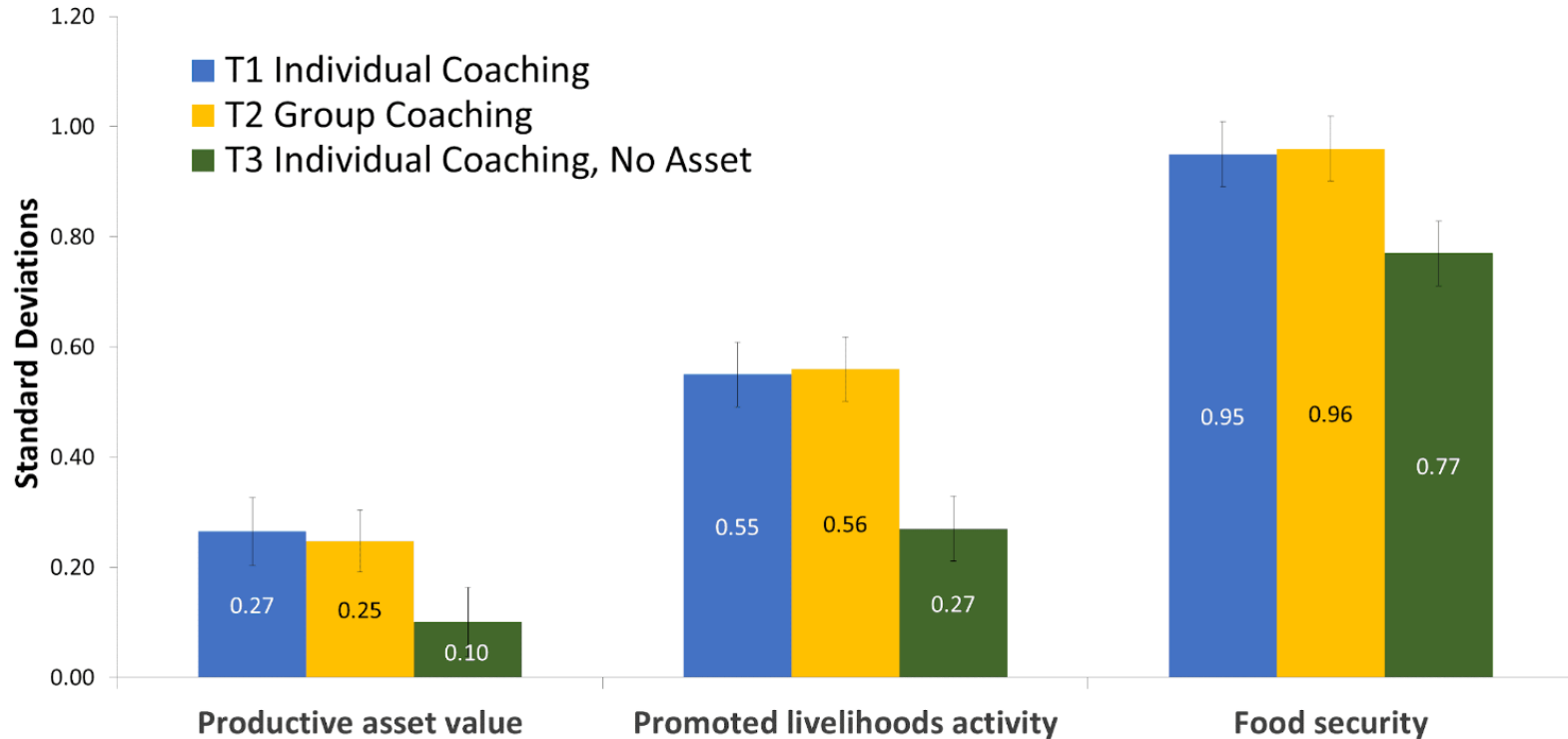
# AVSI Uganda, Refugee + Host Communities

Intervention	T1: Full program individual coaching (N=2,200)	T2: Full program group coaching (N=2,200)	T3: Individual coaching, no asset (N=2,200)	Control (in treatment villages) (N=2,200)
Consumption support (12 months)	•	•	•	
VSLA, FFBS, more	•	•	•	
Individual coaching	•		•	
Group coaching		•		
Asset Transfer	•	•		

- **Sample:** Kamwenge refugee settlement (50% of sample) and host communities
- **Data:** Midline data; ~12 months after beginning of the program including consumption support; ~6 months after asset transfer

# AVSI Uganda: Mid-line Results

Treatment effects on key outcome indices at midline



Control group: mean = 0, SD = 1.

# Motivating Evidence

7. Niger ASP Program  
“psychosocial” package  
effectiveness (Bossuoy et al  
2022)

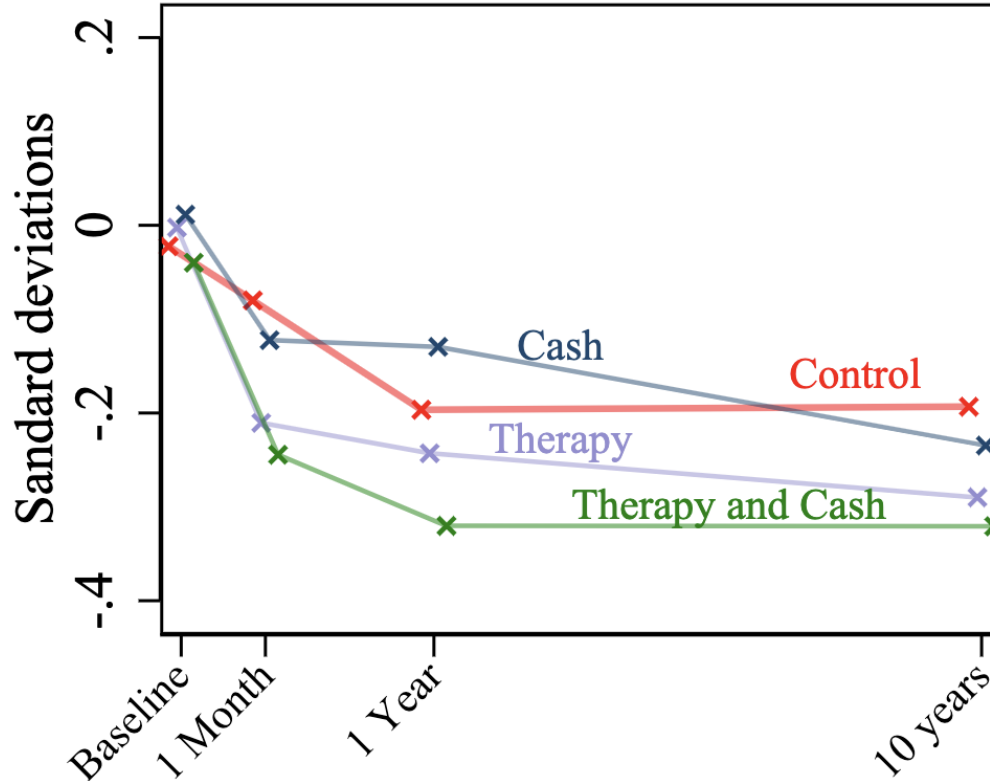
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# Motivating Evidence

8. Blattman, Jamison & Sheridan show CBT effectiveness in Liberia

# After 10 years?

All groups decline in antisocial behavior over time



Details : Link to  
Liberia slides 23-28

[Details](#)

# Motivating Evidence

9. Orkin et al. (2023) - an 80 minute workshop on aspirations and planning generated large economic returns in rural Western Kenya after 1.5 years. Large cash transfer did as well. No complementarity.



# Economic impacts

## Psych: 80 min workshop; Cash: \$2237 PPP

	(1)	(2)	(3)	(4)	(5)	(6)	(7)
	Index Components						
	Economic Index	Labour Supplied (Days)	Inputs & Hired Labour	Education Expenditure	Revenue	Non-Land Assets	Consumption Expenditure
Psych	0.112*** (0.035) [.]	26.8** (11.6) [0.069]	230** (100) [0.069]	22.2 (27.7) [0.127]	260* (155) [0.069]	98** (46) [0.069]	142* (74) [0.069]
Cash	0.234*** (0.039) [.]	27.2** (12.4) [0.012]	451*** (103) [0.001]	44.8 (30.4) [0.036]	465*** (159) [0.003]	406*** (50) [0.001]	322*** (77) [0.001]
Combined	0.258*** (0.063) [.]	9.0 (11.5) [0.096]	653*** (214) [0.004]	126.4*** (31.5) [0.001]	546* (303) [0.030]	352*** (47) [0.001]	232** (95) [0.012]
Placebo mean	0.000	525	857	640	2,101	1,529	3,796

# Movement in psychological outcomes

	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
	Aspirations Index	Expectations Index	Self-belief Index	Returns Index	Discount Factor	No Present Bias	Risk-taking	Mental Health Z-score
Psych	0.092*** (0.035) [0.079]	0.091** (0.039) [0.079]	0.006 (0.046) [1.000]	-0.011 (0.037) [1.000]	-0.006 (0.011) [1.000]	-0.023 (0.016) [0.428]	-0.018 (0.038) [1.000]	-0.015 (0.035) [1.000]
Cash	0.130*** (0.036) [0.002]	0.178*** (0.038) [0.001]	-0.053 (0.042) [0.344]	-0.002 (0.038) [0.907]	-0.002 (0.011) [0.907]	-0.015 (0.016) [0.526]	-0.014 (0.036) [0.854]	0.086** (0.034) [0.027]
Combined	0.178*** (0.040) [0.001]	0.134*** (0.043) [0.006]	0.025 (0.044) [0.668]	-0.002 (0.036) [0.908]	-0.003 (0.011) [0.788]	-0.028* (0.017) [0.235]	-0.030 (0.033) [0.594]	0.044 (0.035) [0.339]

# Motivating Evidence

10. Barker, Bryan, Karlan, Ofori-Atta, Udry (2022) shows that CBT in Ghana improves mental health for entire population of poor, regardless of baseline mental distress

# CBT

- Cognitive behavioral therapy (CBT) is a mental health intervention focused on teaching skills to identify negative thought patterns and modify beliefs
- Central idea: when we experience stimuli in the world, we often have an automatic response to them
- In certain cases, we might automatically have an unproductive interpretation (e.g., my husband ignored me because he is mad at me, rather than because he is distracted or busy)
- It is important to recognize that there is a stage where we interpret the stimulus, so we should stop and consider which interpretations are productive vs. unproductive

# CBT Logistics

- 37 counselors
  - Worked in pairs: 1 lead + 1 assistant
  - At least a Bachelor's degree with major or minor in psychology
  - Recruited through standard online job posting (JobsinGhana.com) and through Psych Corps' website
  - Two weeks of classroom training, 1 week field practice
  - Thus, EP is also investigating whether mental health services can be effectively provided without first needing to intensively build skill capacity
- Randomly assigned gender-specific groups, target 10/group
- 12-weekly meetings,  $\approx 1.5$  hours each
- 90% offered ever attended; 74% mean attendance

# CBT Logistics



# Transition Matrix

**Table 2: Incidence and Transition Rates of Mental Distress**

*Panel A: Transition Matrix for Control Group*

	(1)	Endline Mental Distress				(6)
		(2)	(3)	(4)	(5)	
Level of Baseline Mental Distress, Control Group	Share at baseline	No Mental distress (N=2,562)	Mild Mental Distress (N=1,211)	Moderate Mental Distress (N=892)	Severe Mental Distress (N=904)	Total
(a) No baseline mental distress (N=2,486)	0.45	0.57	0.19	0.14	0.10	100%
(b) Mild baseline mental distress (N=1,309)	0.24	0.42	0.24	0.17	0.17	100%
(c) Moderate baseline mental distress (N=863)	0.15	0.36	0.24	0.18	0.22	100%
(d) Severe baseline mental distress (N=911)	0.16	0.31	0.23	0.20	0.26	100%
(e) Share at endline		0.46	0.22	0.16	0.16	

Share above diagonal (worsened mental health)	0.31
Share at diagonal (no change in mental health)	0.38
Share below diagonal (improved mental health)	0.31

**Table 3: CBT Treatment Effects - Health Outcomes**

	Average Treatment Effects	
	Control Mean	CBT Average Treatment Effect Full Sample
	(1)	(2)
<i>Panel A: Mental Health Outcomes</i>		
<b>Mental Health Index</b>	0.00	0.15
<i>RI p-value</i>		[0.000]
Kessler Score	21.41	-1.36
<i>RI p-value</i>		[0.000]
No distress (Kessler < 20)	0.45	0.06
<i>RI p-value</i>		[0.004]
No moderate or severe distress (Kessler < 25)	0.69	0.06
<i>RI p-value</i>		[0.001]
No severe distress (Kessler < 30)	0.85	0.04
<i>RI p-value</i>		[0.010]
Mental Health Self Rating (1/4)	2.84	0.07
<i>RI p-value</i>		[0.052]
30 minus days in month with poor mental health	25.32	0.53
<i>RI p-value</i>		[0.097]
<i>Panel B: Perceived Physical Health and Effects on Labor</i>		
<b>Perceived Physical Health and Labor Index</b>	0.00	0.13
<i>RI p-value</i>		[0.000]
Physical Health Self-Rating (1/4)	3.04	0.12
<i>RI p-value</i>		[0.000]
30 minus days in month with poor physical health	25.61	0.89
<i>RI p-value</i>		[0.001]
30 minus days in month in which poor mental or physical health limited labor or normal activities	26.90	0.344
<i>RI p-value</i>		[0.160]



	Control Mean	CBT Average Treatment Effect, Full Sample
	(1)	(2)
<i>Panel A: Socioemotional Skills</i>		
<b>Socioemotional Skill Index</b>	0.00	0.27
<i>RI p-value</i>		[0.000]
Generalized Self-Efficacy Score	0.00	0.29
<i>RI p-value</i>		[0.000]
Grit Score	0.00	0.19
<i>RI p-value</i>		[0.000]
Self-Control Score	0.00	0.12
<i>RI p-value</i>		[0.005]
<i>Panel B: Cognition</i>		
<b>Cognition Index</b>	0.00	0.08
<i>RI p-value</i>		[0.012]
Raven's Progressive Matrices, Indexed	0.00	0.03
<i>RI p-value</i>		[0.555]
Digit Span: Forwards, Indexed	0.00	0.08
<i>RI p-value</i>		[0.023]
Digit Span: Backwards, Indexed	-0.01	0.07
<i>RI p-value</i>		[0.033]
Executive Function Test, Indexed	0.00	0.05
<i>RI p-value</i>		[0.170]
<i>Panel C: Economic Self-Perception</i>		
<b>Perceptions of Economic Status Index</b>	0.00	0.20
<i>RI p-value</i>		[0.000]
Self-Reported Economic Status	3.08	0.44
<i>RI p-value</i>		[0.000]
Projected Economic Status in 5 years	5.79	0.36
<i>RI p-value</i>		[0.000]

## Heterogeneity by Baseline Mental Distress

	CBT Average Treatment Effect, Minor, Moderate or Severe Baseline Distress (Kessler 20+)	CBT Average Treatment Effect, No Baseline Distress (Kessler < 20)	p-value from Test: Homogenous Treatment Effect by Baseline Distress, 3=4
<b>Panel A: Mental Health Outcomes</b>			
<b>Mental Health Index</b>	0.115	0.182	
<i>RI p-value</i>	[0.008]	[0.009]	[0.385]
Kessler Score	-1.082	-1.611	
<i>RI p-value</i>	[0.002]	[0.006]	[0.422]
No distress (Kessler < 20)	0.0482	0.0496	
<i>RI p-value</i>	[0.034]	[0.146]	[0.974]
No moderate or severe distress (Kessler < 25)	0.0509	0.0717	
<i>RI p-value</i>	[0.010]	[0.041]	[0.603]
No severe distress (Kessler <30)	0.0166	0.0678	
<i>RI p-value</i>	[0.273]	[0.019]	[0.106]
Mental Health Self Rating (1/4)	0.0742	0.0474	
<i>RI p-value</i>	[0.070]	[0.442]	[0.702]
30 minus days in month with poor mental health	0.228	1.197	
<i>RI p-value</i>	[0.522]	[0.052]	[0.169]
<b>Panel B: Perceived Physical Health and Effects on Labor</b>			
<b>Perceived Physical Health and Labor Index</b>	0.114	0.127	
<i>RI p-value</i>	[0.004]	[0.065]	[0.873]
Physical Health Self-Rating (1/4)	0.0999	0.14	
<i>RI p-value</i>	[0.004]	[0.010]	[0.500]
30 minus days in month with poor physical health	0.704	1.112	
<i>RI p-value</i>	[0.036]	[0.056]	[0.566]
30 minus days in month in which poor mental or physical health limited labor or normal activities	0.469	-0.00348	
<i>RI p-value</i>	[0.101]	[0.995]	[0.407]

# Ghana: 6-Month Results

- CBT does its work ...
- ... and then some!
  - Improved cognition
  - Improved perceived physical health
  - Improved economic activity
  - Better economic expectations
- **KEY: works well for all**
- Great deal of movement over time into and out of distress
- **But what about longer term?**

## CBT and intimate partner violence: 1 year followup

- Although EP's CBT program is not directly aimed at reducing IPV, it shares many modules with violence -reduction CBT programs e.g., anger management, communication, and conflict resolution
- Moreover, the skills developed through the CBT curriculum are meant to be global in nature
- Ex: learning assertiveness or conflict resolution skills could apply to IPV by helping participants to either resist a partner's violence or deescalate a potentially violent situation

# IPV Results

**CBT Treatment Effect on Primary Outcomes, Male Spouse Received CBT**

	(1)	(2)	(3)	(4)	(5)
	Child discipline index	Controlling behavior index	Emotionally abusive behavior index	Physically abusive behavior index	Sexually abusive behavior index
Respondent's spouse assigned to CBT	0.0633	-0.0560	0.0236	-0.0366	-0.0123
	(0.0819)	(0.0828)	(0.100)	(0.0942)	(0.102)
Observations	4,392	5,323	5,323	5,322	5,320
control_mean	0	0	0	0	0

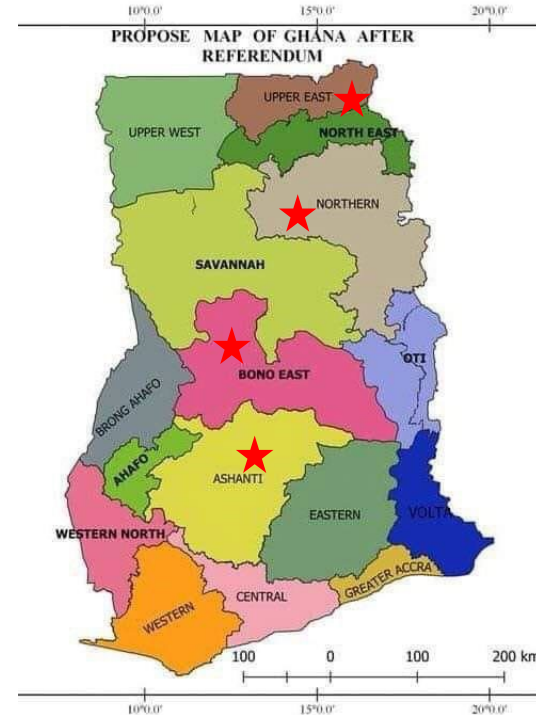
# IPV Results

**CBT Treatment Effect on Primary Outcomes, Female Respondent Received CBT**

	(1)	(2)	(3)	(4)	(5)
	Child discipline index	Controlling behavior index	Emotionally abusive behavior index	Physically abusive behavior index	Sexually abusive behavior index
Respondent assigned to CBT	0.0478	-0.0258	0.161**	0.0612	0.0456
	(0.0973)	(0.0857)	(0.0751)	(0.0788)	(0.0896)
Observations	4,443	5,418	5,418	5,417	5,413
control_mean	0	0	0	0	0

# Ghana Context: Escaping Poverty

- Regions: Upper East, Northern, Bono East (formerly Brong Ahafo), Ashanti
- Three districts per region
- 258 communities selected in total
- Approximately 7,700 households that qualified as ultra poor (bottom 25%)
- Peri-urban: close enough to district capitals to be monitored, but rural enough to viably rear livestock



# Sampling and Randomization Design

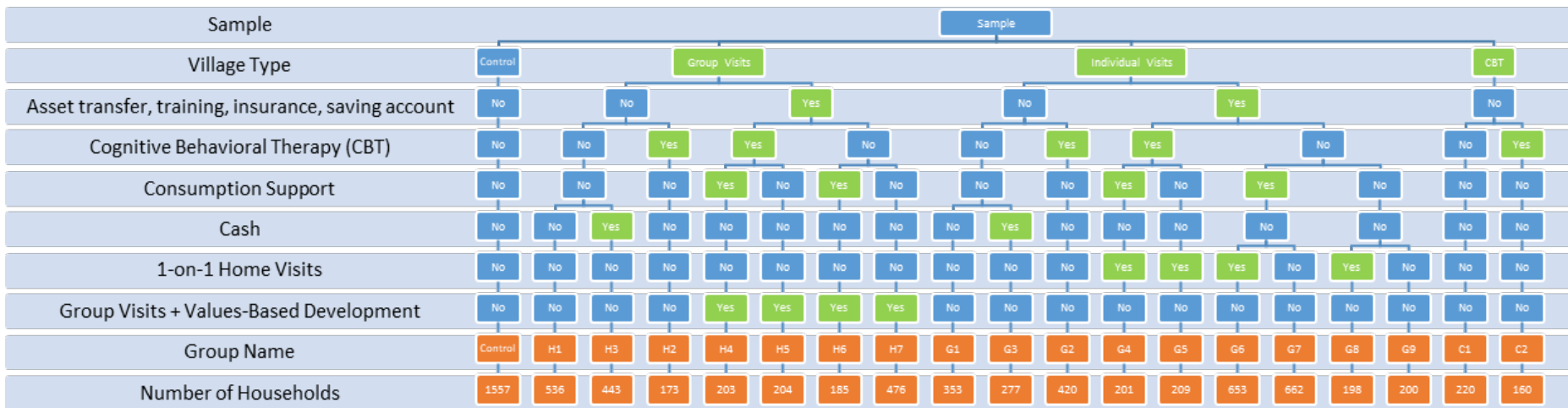
- Selected communities classified as poor, with no similar (graduation) programs, access by road, at least 45 compounds
- Within each community: selected 45 compounds with lowest mean poverty scorecard; one household randomly chosen per compound
- Baseline survey: (1) household, (2) adults: 1 male and 1 female
- Three levels of randomization:
  1. community level: Control / cash / CBT / Graduation / Graduation+CBT
  2. gender of CBT in community
  3. individual-level
- Endline survey 1-3 years after program



# Two additional variants

- “Heifer Graduation” vs “Traditional Graduation”
  - Heifer: Coaching in group (all asset recipients from a single community come together)
  - Heifer: core values (12 cornerstones)
- Household visits for ~1 year

# Design



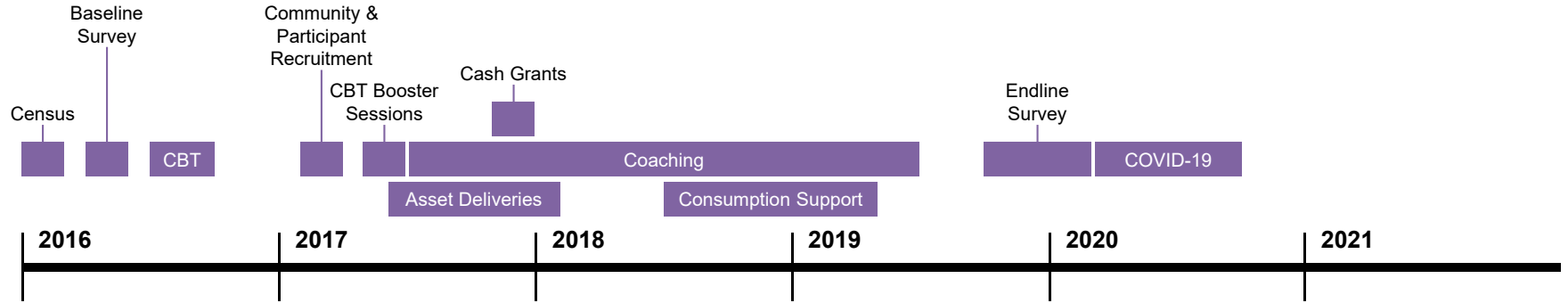


### Treatment group key

Control	Black
Cash	Green
CBT	Blue
Graduation	Purple
Both	Red

# Timeline

## Northern Belt



## Middle Belt



Results

# Overall Results

**Table 1: Main Outcomes**

	<b>Per Capita Consumption</b>	<b>Total Consumption</b>	<b>Per Capita Consumption (Logs)</b>	<b>Total Consumption (Logs)</b>
<b>Cash Only</b>	0.205 (2.211)	18.10 (12.86)	0.0139 (0.0256)	0.0264 (0.0256)
<b>CBT Only</b>	3.116 (2.292)	22.93* (13.24)	0.0570** (0.0255)	0.0443* (0.0243)
<b>Graduation Only</b>	-0.763 (1.873)	4.596 (10.71)	0.0161 (0.0211)	0.0188 (0.0206)
<b>Both CBT &amp; Graduation</b>	3.121 (2.546)	20.26 (12.83)	0.0506* (0.0285)	0.0447* (0.0258)
<b>Observations</b>	6830	6830	6830	6830
<b>Control Mean</b>	84.150	522	4.18	6.08
<b>Control SD</b>	62.66	316.83	0.73	0.62

**Table 1: Main Outcomes**

	<b>Total Wealth</b>	<b>Total Income</b>	<b>Total Wealth (Logs)</b>	<b>Total Income (Logs)</b>
<b>Cash Only</b>	134.7* (79.46)	-12.90 (13.48)	0.118*** (0.0448)	-0.0208 (0.105)
<b>CBT Only</b>	114.9 (78.47)	6.250 (14.18)	0.0326 (0.0458)	0.0901 (0.125)
<b>Graduation Only</b>	96.23* (56.71)	6.179 (9.960)	0.163*** (0.0358)	0.0229 (0.0845)
<b>Both CBT &amp; Graduation</b>	187.3** (78.89)	-1.371 (12.60)	0.192*** (0.0459)	0.114 (0.112)
<b>Observations</b>	6830	6830	6814	6830
<b>Control Mean</b>	1519.48	178.45	6.64	3.88
<b>Control SD</b>	2056.22	311.05	1.27	2.71

## Food Security

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	<u>Food security index</u>
<b>Cash Only</b>	0.0399 (0.0440)
<b>CBT Only</b>	0.0292 (0.0445)
<b>Graduation Only</b>	0.0642** (0.0324)
<b>Both CBT &amp; Graduation</b>	0.0551 (0.0419)
<b>Observations</b>	6830
<b>Control Mean</b>	-0.06
<b>Control SD</b>	1.03

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[Components](#)



**Table 4: Wealth Components**

	<b>Livestock Value Now</b>	<b>Durable Asset Value</b>	<b>Productive Asset Value</b>	<b>Household Savings</b>
<b>Cash Only</b>	111.2**	17.00	0.248	-2.002
	(54.62)	(22.10)	(16.30)	(12.12)
<b>CBT Only</b>	34.46	31.75	-0.121	-3.426
	(48.60)	(23.16)	(18.25)	(11.87)
<b>Graduation Only</b>	104.6***	27.36*	-22.41*	-9.401
	(38.18)	(16.44)	(11.83)	(8.227)
<b>Both CBT &amp; Graduation</b>	160.2***	33.02	-23.92	3.666
	(50.68)	(21.79)	(16.15)	(10.49)
<b>Observations</b>	6830	6830	6830	6830
<b>Control Mean</b>	594.5	497	278.23	104.51
<b>Control SD</b>	1328.71	541.67	475.7	290.12

## Income Components

	Any commercial livestock income	Any livestock sold	Any livestock income	Any business income	Any wage income
<b>Cash Only</b>	0.0350*	0.0112	0.0247	-0.0128	-0.0430**
	(0.0197)	(0.0190)	(0.0200)	(0.0190)	(0.0180)
<b>CBT Only</b>	0.0349	0.0158	0.0445**	-0.0525***	0.0183
	(0.0218)	(0.0197)	(0.0214)	(0.0192)	(0.0201)
<b>Graduation Only</b>	0.0637***	0.0793***	0.0895***	0.0148	-0.00218
	(0.0157)	(0.0152)	(0.0151)	(0.0141)	(0.0130)
<b>Both CBT &amp; Graduation</b>	0.0812***	0.0653***	0.0943***	0.00736	0.0172
	(0.0200)	(0.0201)	(0.0202)	(0.0198)	(0.0168)
<b>Observations</b>	6830	6830	6830	6830	6830
<b>Control Mean</b>	0.52	0.29	0.55	0.28	0.22
<b>Control SD</b>	0.5	0.45	0.5	0.45	0.42

Results

# Baseline Wealth

**Aggregate Outcomes - Interactions with Baseline Wealth**

	(1)	(2)	(3)	(4)	(1)
	<b>Total Consumption</b>	<b>Total Log Consumption</b>	<b>Total Wealth</b>	<b>Total Log Wealth</b>	<b>Food Security Index</b>
<b>Cash Low Wealth</b>	4.835 (14.470)	0.001 (0.029)	103.400 (75.700)	0.0918* (0.053)	-0.018 (0.054)
<b>Cash High Wealth</b>	58.62** (28.350)	0.104** (0.051)	225.000 (225.400)	0.196** (0.078)	0.140** (0.064)
<b>CBT Only Low Wealth</b>	13.450 (14.620)	0.031 (0.029)	66.910 (77.070)	0.000 (0.055)	0.018 (0.052)
<b>CBT Only High Wealth</b>	51.25* (29.520)	0.0851* (0.049)	248.400 (216.100)	0.118 (0.079)	0.049 (0.074)
<b>Grad Only Low Wealth</b>	-7.316 (11.230)	0.001 (0.023)	65.970 (43.100)	0.175*** (0.040)	0.050 (0.039)
<b>Grad Only High Wealth</b>	42.93** (21.590)	0.0773** (0.037)	206.600 (170.500)	0.126** (0.057)	0.0882* (0.046)
<b>Grad+CBT Low Wealth</b>	3.888 (14.260)	0.018 (0.030)	34.360 (61.070)	0.149*** (0.054)	0.019 (0.052)
<b>Grad+CBT High Wealth</b>	66.91** (25.810)	0.121*** (0.041)	607.1*** (232.400)	0.308*** (0.075)	0.096 (0.069)
<b>Bsl Wealth</b>	1.057 (16.400)	0.028 (0.031)	273.6** (135.000)	0.048 (0.058)	-0.009 (0.052)
<b>Observations</b>	6,822	6,822	6,822	6,806	6,817
<b>Control Mean</b>	522	6.08	1519	6.64	4.91
<b>Control SD</b>	317	0.625	2056	1.273	1.265

## Income Dummies - Interactions with Baseline Wealth

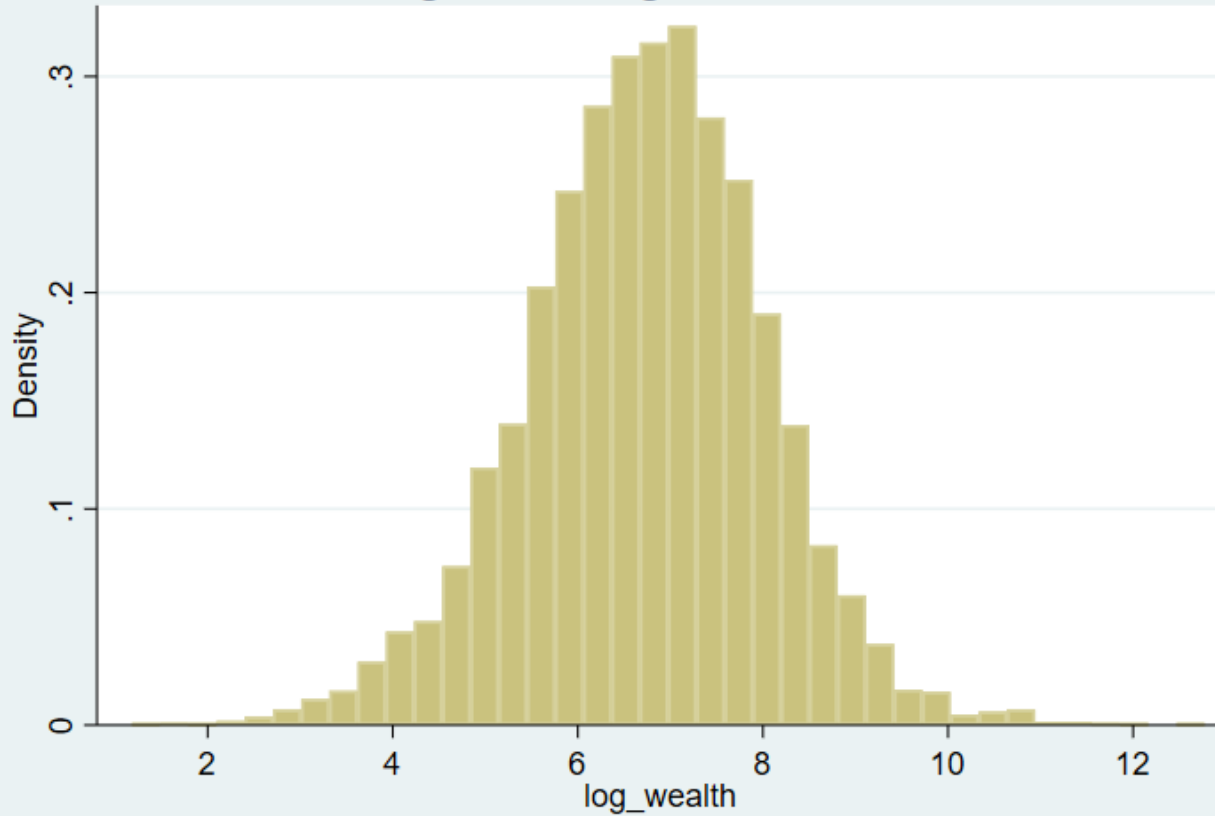
	(1)	(2)	(3)	(4)	(5)
	Any Reported Income	Any Livestock Commercial Income	Any Business Income	Any Wage Income	Any Agricultural Income
<b>Cash Low Wealth</b>	0.017 (0.013)	0.035 (0.024)	-0.010 (0.021)	-0.0376* (0.020)	0.030 (0.022)
<b>Cash High Wealth</b>	-0.010 (0.022)	0.034 (0.038)	-0.021 (0.041)	-0.0600* (0.031)	-0.013 (0.031)
<b>CBT Only Low Wealth</b>	0.017 (0.013)	0.031 (0.026)	-0.0609*** (0.021)	0.0376* (0.023)	0.029 (0.023)
<b>CBT Only High Wealth</b>	0.0259** (0.013)	0.042 (0.031)	-0.030 (0.039)	-0.034 (0.032)	0.031 (0.029)
<b>Grad Only Low Wealth</b>	0.0307*** (0.009)	0.0740*** (0.017)	0.017 (0.016)	-0.002 (0.014)	-0.007 (0.020)
<b>Grad Only High Wealth</b>	0.007 (0.014)	0.035 (0.027)	0.011 (0.027)	0.000 (0.025)	0.030 (0.025)
<b>Grad+CBT Low Wealth</b>	0.0250* (0.014)	0.0883*** (0.024)	-0.003 (0.022)	0.031 (0.019)	0.010 (0.023)
<b>Grad+CBT High Wealth</b>	0.0289** (0.013)	0.0587* (0.032)	0.036 (0.039)	-0.021 (0.036)	0.045 (0.029)
<b>Bsl Wealth</b>	0.007 (0.012)	0.0885*** (0.024)	0.026 (0.025)	0.0499** (0.023)	0.002 (0.020)
<b>Observations</b>	6,822	6,822	6,822	6,822	6,822
<b>Control Mean</b>	0.91	0.52	0.28	0.23	0.71
<b>Control SD</b>	0.293	0.500	0.449	0.418	0.453

# Food Security - Interactions with Baseline Wealth

	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
	Food Security Index	Anyone went whole day without food (lower is better)	Infrequency of whole day without food (higher is better)	Any Adults Skipped Meals (lower is better)	Infrequency of Adults Skipping Meals (higher is better)	Any Children Skipped Meals (lower is better)	Infrequency of children skipping meals (higher is better)	Frequency of getting enough food (higher is better)	Everyone eats at least two meals per day (higher is better)
<b>Cash Low Wealth</b>	-0.018 (0.054)	0.010 (0.024)	-0.031 (0.060)	0.009 (0.024)	0.008 (0.067)	-0.018 (0.024)	0.033 (0.060)	-0.074 (0.064)	-0.001 (0.019)
<b>Cash High Wealth</b>	0.140** (0.064)	-0.0641** (0.030)	0.152*** (0.058)	-0.057 (0.040)	0.126 (0.093)	-0.034 (0.034)	0.089 (0.069)	0.144* (0.085)	0.0601* (0.032)
<b>CBT Only Low Wealth</b>	0.018 (0.052)	-0.008 (0.023)	0.061 (0.053)	0.026 (0.026)	0.008 (0.067)	0.023 (0.026)	0.013 (0.062)	-0.030 (0.064)	0.010 (0.020)
<b>CBT Only High Wealth</b>	0.049 (0.074)	-0.0561** (0.028)	0.113** (0.057)	-0.040 (0.039)	0.025 (0.102)	0.007 (0.035)	-0.026 (0.085)	0.059 (0.097)	0.024 (0.031)
<b>Grad Only Low Wealth</b>	0.050 (0.039)	-0.0294* (0.017)	0.0794** (0.037)	-0.022 (0.019)	0.056 (0.050)	-0.007 (0.017)	0.027 (0.043)	0.018 (0.047)	0.0237* (0.014)
<b>Grad Only High Wealth</b>	0.0882* (0.046)	-0.0475** (0.021)	0.106*** (0.040)	-0.020 (0.028)	0.074 (0.065)	-0.024 (0.025)	0.065 (0.055)	0.087 (0.061)	0.038 (0.023)
<b>Grad+CBT Low Wealth</b>	0.019 (0.052)	-0.031 (0.021)	0.057 (0.047)	-0.009 (0.024)	-0.010 (0.067)	-0.019 (0.023)	0.031 (0.060)	0.010 (0.067)	0.029 (0.018)
<b>Grad+CBT High Wealth</b>	0.096 (0.069)	-0.0585** (0.029)	0.110* (0.066)	-0.031 (0.039)	0.068 (0.091)	-0.002 (0.033)	0.021 (0.070)	0.165** (0.082)	0.030 (0.030)
<b>Bsl Wealth</b>	-0.009 (0.052)	-0.003 (0.022)	0.021 (0.050)	0.014 (0.028)	-0.010 (0.067)	0.005 (0.024)	0.019 (0.053)	-0.040 (0.062)	-0.006 (0.023)
<b>Observations</b>	6,822	6,817	6,814	6,822	6,817	5,893	6,140	6,806	6,814
<b>Control Mean</b>	-0.06	0.30	5.42	0.51	4.91	0.34	5.33	5.05	0.84
<b>Control SD</b>	1.026	0.457	1.030	0.500	1.265	0.473	1.103	1.209	0.372

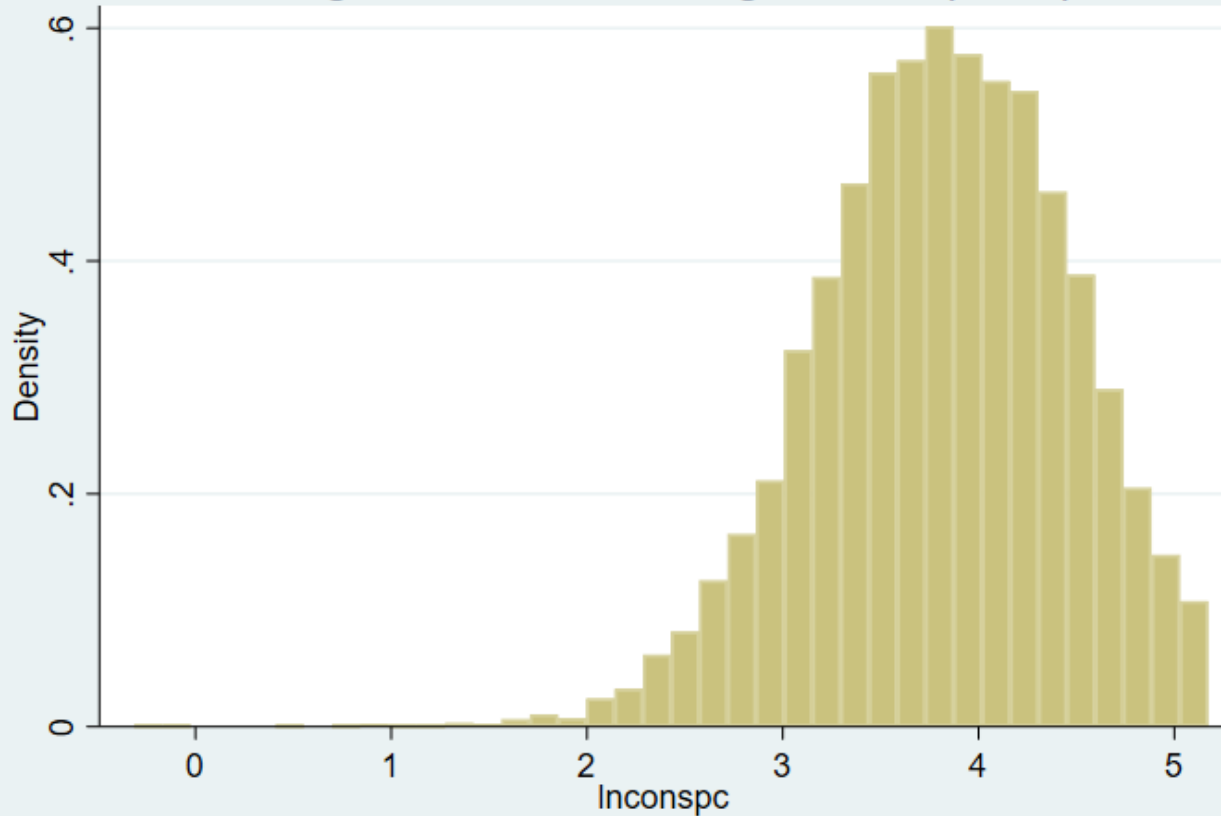
# Distribution of wealth of the poor

### Histogram of Log Baseline Wealth

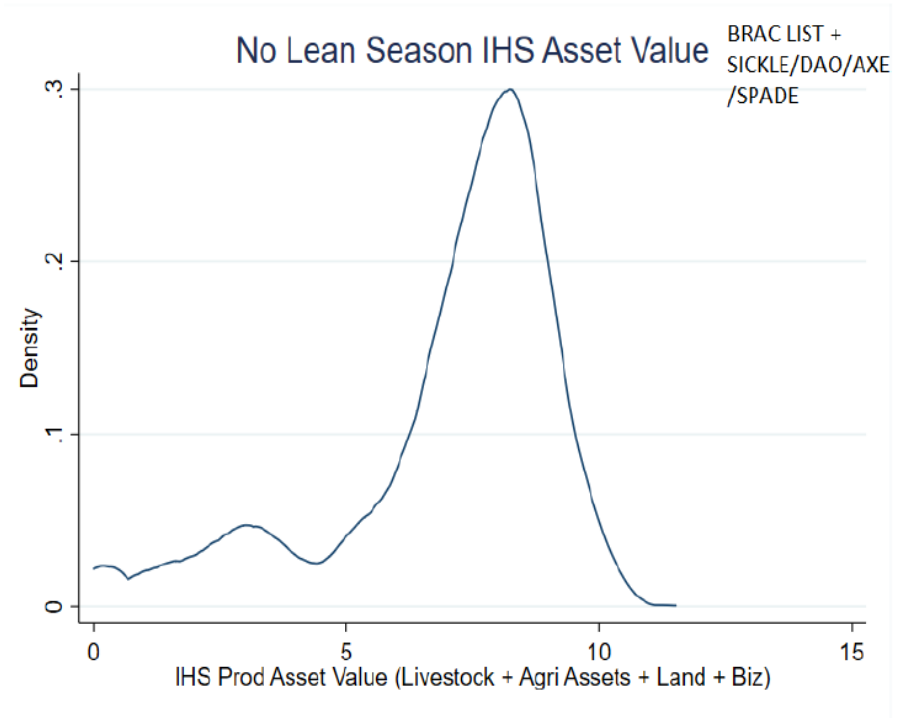
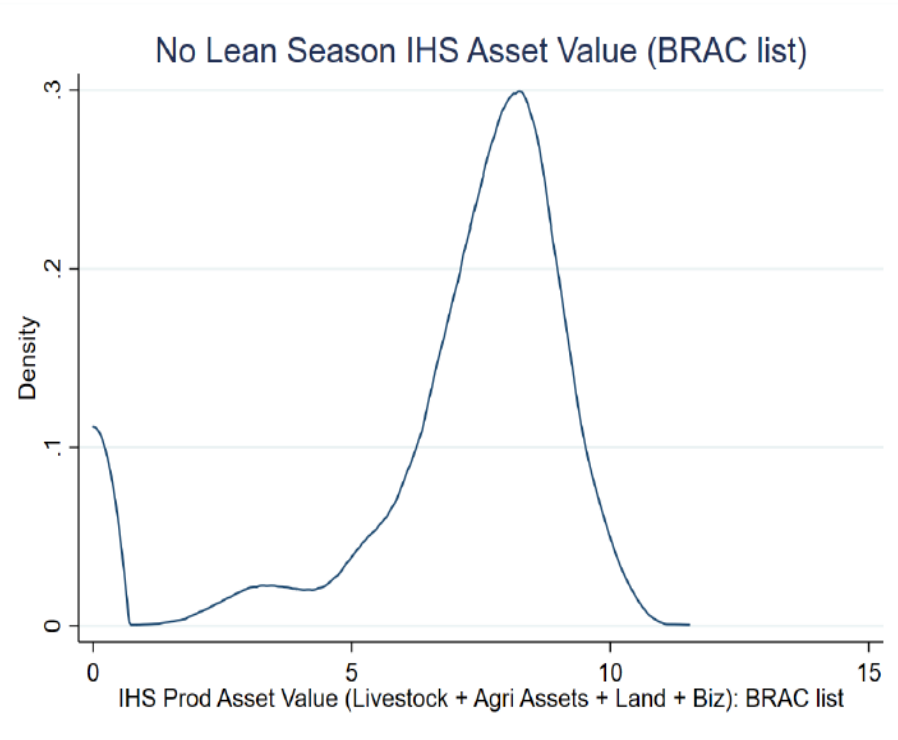




### Histogram of Baseline Log Consumption pc

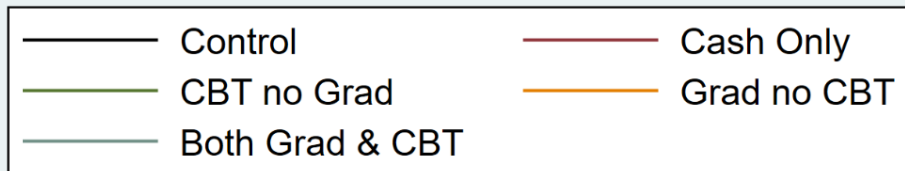


# Why no bi-modal distribution a la Bandiera et al?



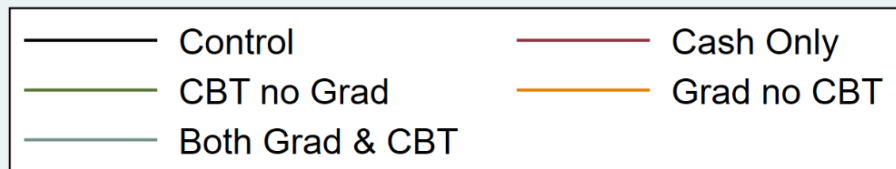
# Density of Log Endline Wealth

Below 75th pctl Baseline Wealth



# Density of Log Endline Wealth

## Above 75th pctl Baseline Wealth



# *CBT had strong immediate effects on mental health, but not differentially by baseline wealth*

	Midline Mental Health Status						
	Mental Health Index	Kessler Score	No distress (Kessler<20)	No moderate or severe distress (Kessler<25)	No severe distress (Kessler<30)	Mental Health Self-Rating (1/4)	30 minus days in month with poor mental health
<b>Low Wealth * CBT Recipient</b>	0.135*** (0.039)	-1.604*** (0.362)	0.0734** (0.023)	0.0820*** (0.0215)	0.0555*** (0.0154)	0.0369 (0.0387)	0.405 (0.328)
<b>High Wealth * CBT Recipient</b>	0.155*** (0.037)	-1.158*** (0.342)	0.0391 (0.022)	0.0480* (0.0197)	0.0223 (0.0154)	0.100** (0.035)	0.644* (0.312)
<b>Constant</b>	0.434*** (0.095)	15.05*** (0.696)	0.615*** (0.046)	0.794*** (0.049)	0.966*** (0.0366)	2.958*** (0.095)	26.81*** (0.767)
<b>Observations</b>	7227	7221	7221	7221	7221	7227	7195
<b>Pairwise Comparison</b>	0.6607	0.3240	0.2692	0.1988	0.1037	0.1560	0.5507

# ... except for perceived economic status and expectations

## Midline Economic Status

	<b>Perceptions of Economic Status Index</b>	Self-Reported Economic Status (relative to the rest of the people of Ghana)	Projected Economic Status in 5 years (relative to rest of the people of Ghana)
<b>Low Wealth * CBT Recipient</b>	0.0901 (0.050)	0.221* (0.102)	0.142 (0.132)
<b>High Wealth * CBT Recipient</b>	0.284*** (0.045)	0.616*** (0.098)	0.546*** (0.115)
<b>Constant</b>	0.113 (0.072)	2.701*** (0.155)	5.199*** (0.207)
<b>Observations</b>	7227	7227	7227
<b>Pairwise Comparison</b>	0.0015	0.0036	0.0072

## 2-4 year Mental Health Impacts

	Recipients' Mental Health Index	Perceived Physical Health and Labor Index
<b>Cash Only Low Wealth</b>	-0.114 (0.0727)	-0.110* (0.0618)
<b>Cash Only High Wealth</b>	0.0288 (0.0682)	-0.0461 (0.0549)
<b>CBT Only Low Wealth</b>	-0.0804 (0.101)	0.0572 (0.0767)
<b>CBT Only High Wealth</b>	0.0452 (0.0899)	-0.033 (0.0794)
<b>Graduation Only Low Wealth</b>	-0.0614 (0.0495)	-0.0736* (0.0423)
<b>Graduation Only High Wealth</b>	-0.0383 (0.0502)	-0.0171 (0.0393)
<b>Both CBT &amp; Graduation Low Wealth</b>	-0.0582 (0.0848)	-0.0599 (0.0838)
<b>Both CBT &amp; Graduation High Wealth</b>	0.156* (0.0813)	0.0411 (0.0796)
<b>Observations</b>	7410	7410
<b>Control Mean</b>	0.03	0.02
<b>Control SD</b>	0.99	1

Results

**Poverty displays different heterogeneity**



**Table 1: Main Outcomes – By Hi/Low Consumption**

	Per Capita Consumption	Total Consumption	Per Capita Consumption (Logs)	Total Consumption (Logs)
<b>Cash Only Low Cons</b>	1.134 (2.433)	26.02 (16.20)	0.0295 (0.0320)	0.0647* (0.0338)
<b>Cash Only High Cons</b>	-0.727 (3.660)	10.12 (19.60)	-0.00182 (0.0370)	-0.0125 (0.0375)
<b>CBT Only Low Cons</b>	3.164 (2.667)	36.19* (18.77)	0.0631* (0.0367)	0.0867** (0.0365)
<b>CBT Only High Cons</b>	3.103 (3.543)	10.13 (17.09)	0.0516 (0.0338)	0.00415 (0.0295)
<b>Graduation Only Low Cons</b>	1.044 (1.802)	10.29 (11.86)	0.0277 (0.0248)	0.0410* (0.0236)
<b>Graduation Only High Cons</b>	-2.621 (2.656)	-1.131 (12.94)	0.00438 (0.0254)	-0.00374 (0.0242)
<b>Both CBT &amp; Graduation Low Cons</b>	4.446 (2.827)	30.93* (16.32)	0.0593* (0.0343)	0.0691** (0.0333)
<b>Both CBT &amp; Graduation High Cons</b>	1.747 (3.728)	9.280 (15.87)	0.0419 (0.0356)	0.0197 (0.0299)
<b>Observations</b>	6830	6830	6830	6830
<b>Control Mean</b>	84.150	522	4.18	6.08
<b>Control SD</b>	62.66	316.83	0.73	0.62
<b>Pairwise Compar. Cash Only</b>	0.669	0.527	0.502	0.125
<b>Pairwise Compar. CBT Only</b>	0.989	0.281	0.813	0.066
<b>Pairwise Compar. Grad Only</b>	0.15	0.363	0.395	0.066
<b>Pairwise Compar. Grad+CBT</b>	0.521	0.269	0.67	0.181

**Table 1: Main Outcomes – by Hi/Low Consumption**

	<b>Total Wealth</b>	<b>Total Income</b>	<b>Total Wealth (Logs)</b>	<b>Total Income (Logs)</b>
<b>Cash Only Low Cons</b>	94.94 (98.20)	-16.43 (16.33)	0.169*** (0.0575)	-0.0547 (0.146)
<b>Cash Only High Cons</b>	174.4 (113.6)	-9.414 (18.79)	0.0649 (0.0644)	0.0130 (0.147)
<b>CBT Only Low Cons</b>	39.25 (103.0)	6.236 (17.32)	0.0676 (0.0578)	0.135 (0.163)
<b>CBT Only High Cons</b>	185.9* (112.4)	5.999 (19.34)	-0.00153 (0.0660)	0.0459 (0.159)
<b>Graduation Only Low Cons</b>	29.13 (67.36)	-11.37 (11.10)	0.133*** (0.0401)	-0.0751 (0.0988)
<b>Graduation Only High Cons</b>	165.5** (72.68)	24.39* (13.25)	0.193*** (0.0466)	0.125 (0.107)
<b>Both CBT &amp; Graduation Low Cons</b>	184.4* (104.9)	-3.859 (15.13)	0.168*** (0.0557)	0.0734 (0.149)
<b>Both CBT &amp; Graduation High Cons</b>	190.5* (103.7)	1.132 (17.84)	0.217*** (0.0583)	0.156 (0.150)
<b>Observations</b>	6830	6830	6814	6830
<b>Control Mean</b>	1519.48	178.45	6.64	3.88
<b>Control SD</b>	2056.22	311.05	1.27	2.71
<b>Pairwise Compar. Cash Only</b>	0.572	0.757	0.209	0.741
<b>Pairwise Compar. CBT Only</b>	0.325	0.992	0.411	0.661
<b>Pairwise Compar. Grad Only</b>	0.098	0.012	0.224	0.091
<b>Pairwise Compar. Grad+CBT</b>	0.964	0.815	0.471	0.674

Results

# **Predicted Distress Score**

**Table 1a: Main Outcomes - Cash CBT Only Graduation CBT and Graduation vs Control**

	<b>Per Capita Consumption</b>	<b>Total Consumption</b>	<b>Per Capita Consumption (Logs)</b>	<b>Total Consumption (Logs)</b>
<b>Cash - Below Median Depression</b>	5.455 (3.423)	56.38*** (18.36)	0.0664* (0.0357)	0.0889*** (0.0342)
<b>Cash - Above Median Depression</b>	-4.841* (2.669)	-14.22 (15.14)	-0.0356 (0.0308)	-0.0267 (0.0311)
<b>CBT - Below Median Depression</b>	3.847 (3.249)	38.72** (18.23)	0.0688** (0.0340)	0.0745** (0.0325)
<b>CBT - Above Median Depression</b>	2.863 (3.003)	13.52 (18.68)	0.0487 (0.0353)	0.0275 (0.0356)
<b>Graduation Only - Below Median Depression</b>	-0.221 (2.156)	15.47 (12.66)	0.0290 (0.0237)	0.0412* (0.0242)
<b>Graduation Only - Above Median Depression</b>	-1.764 (2.290)	-2.278 (12.65)	0.00194 (0.0261)	0.00459 (0.0244)
<b>Both CBT &amp; Graduation - Below Median</b>	6.262** (3.111)	31.86** (16.06)	0.0859*** (0.0330)	0.0826*** (0.0301)
<b>Both CBT &amp; Graduation - Above Median</b>	-0.406 (3.265)	12.47 (17.06)	0.0135 (0.0382)	0.0112 (0.0347)
<b>Observations</b>	6766	6766	6766	6766
<b>Control Mean</b>	84.150	522	4.18	6.08
<b>Control SD</b>	62.66	316.83	0.73	0.62

**Table 1a: Main Outcomes - Cash CBT Only Graduation CBT and Graduation vs Control**

	<b>Total Wealth</b>	<b>Total Income</b>	<b>Total Wealth (Logs)</b>	<b>Total Income (Logs)</b>
<b>Cash - Below Median Depression</b>	181.4* (109.9)	-18.74 (18.56)	0.223*** (0.0580)	-0.114 (0.151)
<b>Cash - Above Median Depression</b>	93.73 (109.5)	-8.966 (16.79)	0.0255 (0.0598)	0.0493 (0.138)
<b>CBT - Below Median Depression</b>	224.1* (119.1)	14.19 (19.37)	0.101 (0.0652)	0.103 (0.165)
<b>CBT - Above Median Depression</b>	51.57 (112.1)	3.210 (17.68)	0.00727 (0.0630)	0.126 (0.158)
<b>Graduation Only - Below Median Depression</b>	115.9 (73.74)	4.298 (11.70)	0.200*** (0.0439)	0.0546 (0.101)
<b>Graduation Only - Above Median Depression</b>	76.89 (66.23)	7.459 (12.61)	0.137*** (0.0433)	-0.0182 (0.104)
<b>Both CBT &amp; Graduation - Below Median</b>	291.8*** (103.3)	1.150 (18.19)	0.277*** (0.0583)	0.196 (0.141)
<b>Both CBT &amp; Graduation - Above Median</b>	87.22 (103.7)	-0.823 (15.70)	0.114* (0.0578)	0.0689 (0.158)
<b>Observations</b>	6766	6766	6750	6766
<b>Control Mean</b>	1519.48	178.45	6.64	3.88
<b>Control SD</b>	2056.22	311.05	1.27	2.71

Results

# Gender

**Table 1: Main Outcomes – by Gender**

	<b>Per Capita Consumption</b>	<b>Total Consumption</b>	<b>Per Capita Consumption (Logs)</b>	<b>Total Consumption (Logs)</b>
<b>Cash Only Male</b>	0.920 (3.459)	3.463 (18.22)	0.0260 (0.0405)	0.0169 (0.0380)
<b>Cash Only Female</b>	-0.217 (2.853)	26.63 (16.79)	0.00677 (0.0315)	0.0320 (0.0326)
<b>CBT Only Male</b>	6.366** (3.059)	52.86*** (19.11)	0.101*** (0.0342)	0.0895*** (0.0339)
<b>CBT Only Female</b>	0.233 (2.988)	-2.996 (17.25)	0.0188 (0.0341)	0.00533 (0.0321)
<b>Graduation Only Male</b>	-1.188 (2.316)	7.092 (13.66)	0.0169 (0.0261)	0.0185 (0.0259)
<b>Graduation Only Female</b>	-0.529 (2.073)	3.125 (11.88)	0.0155 (0.0227)	0.0188 (0.0224)
<b>Both CBT &amp; Grad Male</b>	1.462 (3.371)	34.16** (17.09)	0.0443 (0.0365)	0.0714** (0.0339)
<b>Both CBT &amp; Grad Female</b>	4.928 (3.359)	6.148 (16.92)	0.0586 (0.0397)	0.0173 (0.0354)
<b>Observations</b>	6830	6830	6830	6830
<b>Control Mean</b>	84.150	522	4.18	6.08
<b>Control SD</b>	62.66	316.83	0.73	0.62

**Table 1: Main Outcomes – by Gender**

	<b>Total Wealth</b>	<b>Total Income</b>	<b>Total Wealth (Logs)</b>	<b>Total Income (Logs)</b>
<b>Cash Only Male</b>	123.4 (118.1)	-13.73 (21.35)	0.115* (0.0648)	-0.222 (0.170)
<b>Cash Only Female</b>	141.5 (94.65)	-12.41 (14.91)	0.119** (0.0542)	0.0971 (0.124)
<b>CBT Only Male</b>	105.5 (114.2)	8.783 (21.34)	-0.0230 (0.0685)	0.0646 (0.172)
<b>CBT Only Female</b>	124.7 (100.9)	4.062 (17.66)	0.0815 (0.0566)	0.112 (0.171)
<b>Graduation Only Male</b>	99.92 (87.39)	4.503 (13.41)	0.147*** (0.0466)	0.0529 (0.114)
<b>Graduation Only Female</b>	94.13 (59.47)	7.123 (11.54)	0.171*** (0.0388)	0.00614 (0.0955)
<b>Both CBT &amp; Graduation Male</b>	262.8** (105.4)	4.989 (18.82)	0.244*** (0.0600)	0.184 (0.159)
<b>Both CBT &amp; Graduation Female</b>	107.6 (111.5)	-8.158 (16.75)	0.134** (0.0615)	0.0389 (0.149)
<b>Observations</b>	6830	6830	6814	6830
<b>Control Mean</b>	1519.48	178.45	6.64	3.88
<b>Control SD</b>	2056.22	311.05	1.27	2.71



Results

# Coaching

**Table 1 - Graduation without Coaching and Graduation with Coaching vs Control**

	<b>Per Capita Consumption</b>	<b>Total Consumption</b>	<b>Per Capita Consumption (Logs)</b>	<b>Total Consumption (Logs)</b>
<b>Graduation Only</b>	0.950 (2.300)	20.69 (14.99)	0.0475* (0.0263)	0.0550** (0.0268)
<b>Graduation with Coaching</b>	-0.147 (2.005)	3.485 (10.27)	0.0153 (0.0219)	0.0133 (0.0205)
<b>Observations</b>	5475	5475	5475	5475
<b>Control Mean</b>	84.150	522	4.18	6.08
<b>Control SD</b>	62.66	316.83	0.73	0.62

**Table 1 - Graduation without Coaching and Graduation with Coaching vs Control**

	<b>Total Wealth</b>	<b>Total Income</b>	<b>Total Wealth (Logs)</b>	<b>Total Income (Logs)</b>
<b>Graduation Only</b>	84.27 (80.80)	8.938 (13.90)	0.140*** (0.0493)	-0.0687 (0.120)
<b>Graduation with Coaching</b>	134.3** (55.83)	2.459 (9.972)	0.181*** (0.0363)	0.0876 (0.0852)
<b>Observations</b>	5475	5475	5462	5475
<b>Control Mean</b>	1519.48	178.45	6.64	3.88
<b>Control SD</b>	2056.22	311.05	1.27	2.71

Results

**Group coaching/social (“Heifer”)**

**vs**

**Graduation (“GUP”)**

**Table 1: Main Outcomes - Heifer and GUP vs Control**

	<b>Per Capita Consumption</b>	<b>Total Consumption</b>	<b>Per Capita Consumption (Logs)</b>	<b>Total Consumption (Logs)</b>
<b>Heifer</b>	0.708 (2.690)	3.237 (13.66)	0.0257 (0.0307)	0.00997 (0.0281)
<b>GUP</b>	2.012 (2.672)	14.90 (15.65)	0.0377 (0.0295)	0.0351 (0.0299)
<b>Observations</b>	5475	5475	5475	5475
<b>Control Mean</b>	84.150	522	4.18	6.08
<b>Control SD</b>	62.66	316.83	0.73	0.62

**Table 1: Main Outcomes - Heifer and GUP vs Control**

	<b>Total Wealth</b>	<b>Total Income</b>	<b>Total Wealth (Logs)</b>	<b>Total Income (Logs)</b>
<b>Heifer</b>	159.9** (65.65)	-1.768 (13.73)	0.190*** (0.0445)	0.000219 (0.129)
<b>GUP</b>	58.79 (74.49)	-0.227 (12.77)	0.126*** (0.0467)	0.0357 (0.110)
<b>Observations</b>	5475	5475	5462	5475
<b>Control Mean</b>	1519.48	178.45	6.64	3.88
<b>Control SD</b>	2056.22	311.05	1.27	2.71

# Concluding Thoughts: Puzzles

1. 2-3 Year Impacts of Cash Grant and Graduation Program similar
  - Strong, persistent impacts on consumption and wealth for the less poor
  - Null impacts for the more poor
  - Contrast with Unpacking GUP
2. CBT alone had even larger effects for the less poor
3. CBT strengthened the impact of Graduation for the less poor
  - But not more than linear
4. Not a simple asset poverty trap story
  - Baseline log wealth is normally distributed
  - CBT is operating via a different path

# Concluding Thoughts: Lessons Learned

## 1. Psycho-social health

- Perhaps “the” true primary outcome
- Movable. For all.
- Treatment effects can persist, but not always (hopefully we can say more in ~5-10 years)
- Merely additive at best: what does that say about our understanding and models on productivity?
  - Interaction with treatments. Evidence light. But power tough, and extra level of nuance

## 2. No one study is end-all holy grail

- Instead: share & replicate & iterate & share etc...
- There is a \*lot\* of data, from many different programs, over multiple time scales.
- We’re going to need it



# Concluding Thoughts: CBT Gaps

## 3. CBT mechanisms

- Strong HTE wrt wealth
- But not so much wrt
  - consumption poverty,
  - most initial mental health outcomes, or
  - later economic outcomes
- CBT treatment itself seems to work similarly, but transition into actions varies

## 4. CBT → wealth

- Beliefs about possibilities
- Beliefs about **your** possibilities
- Acting on Beliefs
- Executing well
- Getting lucky

# Concluding Thoughts: Poverty traps

5. No evidence of a classic asset indivisibility poverty trap
  - Doesn't really make sense in the context, anyway
6. The strong wealth HTE may suggest
  - Risk/wealth/specialization feedback (commercial livestock)
  - Selection on entrepreneurial opportunities or abilities
7. Convergence in GUP and Ethiopia long-run (but divergence in India!)
  - Stochastic opportunities?
  - Redistribution, land rights, mobility?

# Thank you!

**Dean Karlan**

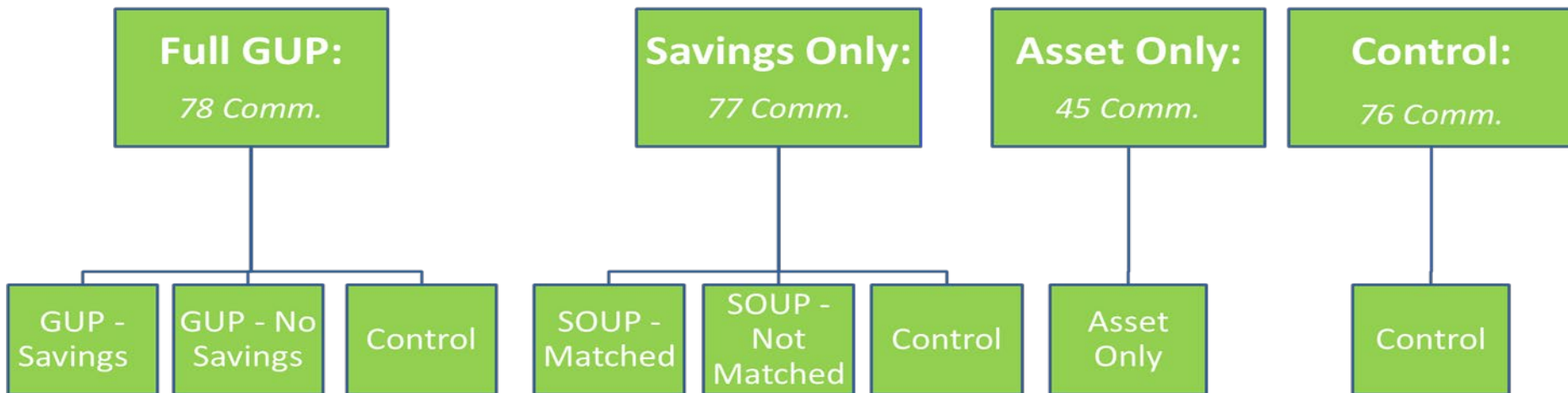
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# Additional Slides

# GUP design



# Bags Experiment

Village Assignment			Villages	Households
control bags	simple		21	189
	complex		21	208
GUP bags	simple	high UCS	10	69
		low UCS	10	90
	complex	high UCS	9	79
		low UCS	10	75
SOUP bags	simple		19	202
	complex		20	186
TOTAL			120	1098

\* low UCS = \$1.30

\* high UCS = \$3.90

Panel A: Income during Bags Program: GUP, SOUP Effects

		Monthly HH Income	(1) + UCT	(2) + Bags Earnings
		(1)	(2)	(3)
GUP-Bags	ITT	6.74	18.95	20.88
	SE	(5.88)	(5.94)	(6.02)
	p-val	0.26	0.00	0.00
	q-val	0.35	0.02	0.02
	Bsl p-val	0.684	.	.
SOUP-Bags	ITT	-3.59	-4.19	-3.06
	SE	(2.78)	(2.94)	(3.66)
	p-val	0.21	0.16	0.41
	q-val	0.31	0.28	0.45
	Bsl p-val	0.345	.	.
Ctrl Mean		8.01	8.01	17.93
Ctrl SD		25.04	25.04	24.67
Obs		288	288	288

(Relative to Control-bags households)

## Productive Labor during Bag-Making: Labor Supply

		(1)	(2)	(3)	(4)
		time	time	time	time
		bags	field	business	home labor
GUP-bags	itt	-2.12	-20.96	9.22	1.18
	se	(11.64)	(9.80)	(4.80)	(11.79)
	pval	0.86	0.04	0.06	0.92
	qval	0.88	0.17	0.21	0.92
SOUP-bags	itt	-21.85	-24.02	10.06	4.41
	se	(12.37)	(10.86)	(4.74)	(11.42)
	pval	0.08	0.03	0.04	0.70
	qval	0.23	0.17	0.17	0.80
Ctrl Mean		112.94	206.61	28.48	299.27
Ctrl SD		106.61	185.65	78.23	155.09
Obs		1978	3442	3442	3442

Perhaps less time in the field, more in the business, no change in home labor



## GUP vs. SOUP Effects on Bags Production

		(1)	(2)	(3)	(4)
		bags production index	number of bags	participates (0/1)	bags earnings
GUP-Bags	ITT	0.28	1.14	0.12	0.66
	SE	(0.12)	(0.50)	(0.05)	(0.35)
	p-val	0.03	0.03	0.02	0.06
	q-val	0.11	0.11	0.11	0.15
SOUP-Bags	ITT	-0.17	-0.65	-0.11	-0.33
	SE	(0.13)	(0.49)	(0.06)	(0.38)
	p-val	0.19	0.18	0.06	0.39
	q-val	0.31	0.31	0.15	0.41
Ctrl Mean		0.00	3.76	0.58	2.45
Ctrl SD		1.00	3.97	0.49	3.01
Obs		18816	18816	18816	18816
GUP-Bags - SOUP-Bags	ITT	0.44	1.79	0.24	0.99
GUP-Bags - SOUP-Bags	Lower CI	0.14	0.59	0.10	0.10
GUP-Bags - SOUP-Bags	Upper CI	0.75	3.00	0.37	1.87
GUP-Bags - SOUP-Bags	p-val	0.00	0.00	0.00	0.03

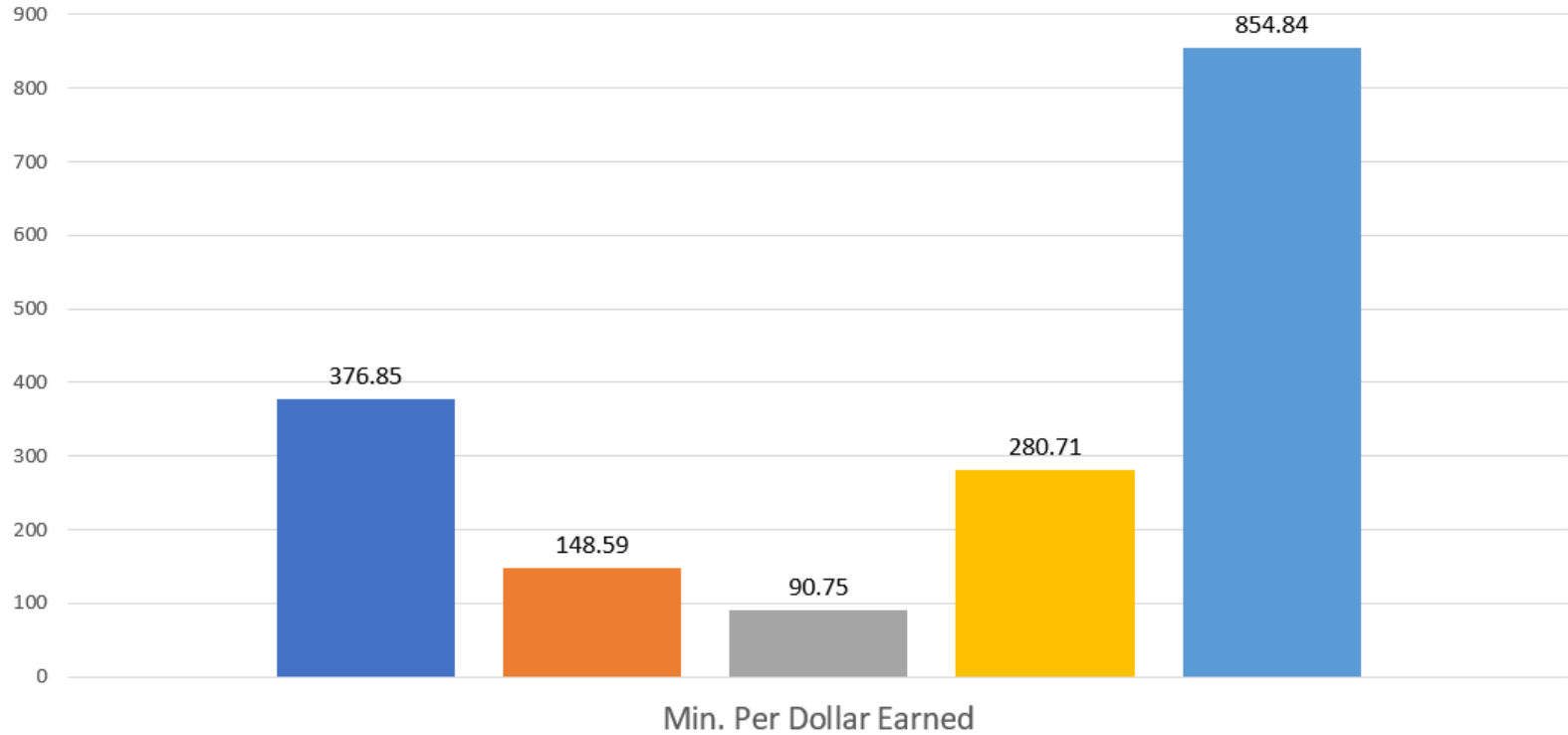
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		(1)	(2)	(3)	(4)	(5)
		asset value index	consumption index	financial inclusion index	food security index	income index
PANEL A: GUP vs. SOUP						
SOUP	itt	0.029	-0.013	0.129	0.002	-0.071
	se	(0.076)	(0.034)	(0.073)	(0.044)	(0.062)
	p-val	0.701	0.700	0.078*	0.962	0.254
	q-val	0.825	0.825	0.156	0.963	0.373
	bsl p-val	0.051*	0.993	0.555	0.098*(+)	0.277
GUP no sav.	itt	0.280	0.124	0.204	0.114	0.202
	se	(0.078)	(0.046)	(0.086)	(0.050)	(0.073)
	p-val	0.000***	0.007***	0.018**	0.024**	0.006***
	q-val	0.003***	0.022**	0.051*	0.059*	0.022**
	bsl p-val	0.741	0.022**	0.014**	0.282	0.205
GUP sav.	itt	0.318	0.050	0.532	0.092	0.243
	se	(0.082)	(0.036)	(0.105)	(0.050)	(0.076)
	p-val	0.000***	0.169	0.000***	0.062*	0.001***
	q-val	0.002***	0.282	0.001***	0.139	0.008***
	bsl p-val	0.592	0.100	0.632	0.704	0.794
GUP sav. - SOUP	diff	0.289	0.063	0.402	0.090	0.314
	se	(0.105)	(0.046)	(0.122)	(0.063)	(0.094)
	p-val	0.006***	0.173	0.001***	0.150	0.001***
	bsl p-val	0.240	0.176	0.426	0.138	0.353

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		(1)	(2)	(3)	(4)	(5)
		asset value index	consumption index	financial inclusion index	food security index	income index
PANEL B: GUP vs. Asset Only						
asset	itt	-0.022	-0.009	0.050	-0.079	-0.133
	se	(0.103)	(0.055)	(0.073)	(0.070)	(0.085)
	p-val	0.832	0.867	0.490	0.261	0.119
	q-val	0.913	0.913	0.654	0.373	0.218
	itt, ctrls	-0.043	-0.006	0.029	-0.075	-0.148
	p-val, ctrls	0.684	0.909	0.692	0.283	0.080*
	q-val, ctrls	0.866	0.910	0.866	0.708	0.399
GUP no sav. - asset	diff	0.325	0.114	0.154	0.188	0.345
	se	(0.135)	(0.073)	(0.113)	(0.086)	(0.114)
	p-val	0.016**	0.116	0.172	0.029**	0.002***
	itt, ctrls	0.288	0.123	0.160	0.178	0.319
	p-val, ctrls	0.032**	0.091*	0.153	0.039**	0.004***
obs	4102	3883	3893	3893	4102	

## Effects of GUP, SOUP, and Complexity on Bag Production



- Control-Bags Complex
- GUP-Bags Simple
- GUP-Bags Complex
- SOUP-Bags Simple
- SOUP-Bags Complex

# Unpacking, augmenting, and understanding EP

- Results from unpacking
  - GUP vs Asset only Tables 1& 2 Panel B
  - Table 3 Panel B
  - Nor does saving alone suffice: Tables 1&2 panel A
- Results from Bags
  - GUP increased income, and increased labor supply. Table 4.A.2&3&7 Consistent with
    - Investments leading to higher productivity on own enterprise + labor market constraints = household labor pulled into enterprise
    - Physiological or psychological graduation labor productivity effect
  - Bags program eliminates investment productivity effect Table 8.A.1&2, 8.B.1&2
  - Especially complex bags Table 9.5
- summary the high UCT households are more productive at farming, and no less productive in business.
- They earn 34% more overall and yet produce more bags in less time. It appears that the fact of
- receiving the high UCT is encouraging those households to produce more from the same amount of time. It
- is of course possible that in addition there is an encouragement effect that is partly driving the differences
- between GUP-Bags and Control-Bags.



## STYL: An 8-week program of cognitive behavior therapy + economic assistance

Developed by NEPI Liberia through trial and error over years

<https://www.nepiliberia.org/>

Blattman, Jamison & Sheridan (AER for short-run; AER-Insight for long-run)

# 1. Fostering skills of “self-control”

- Learning to plan
  - Break down large goals into smaller concrete sub-goals
  - Feed your family for next week
  - Set personal goals (e.g. a garden)
  - Plan a business activity
- Reducing automatic behaviors, especially anger
  - Practice nonaggressive responses to angry confrontations in class
  - Techniques to calm oneself



## 2. Changing self-image & values

- Get men to think of themselves not as outcasts but normal members of society
- They know what constitutes acceptable behavior, but doesn't apply to their social category
- Try new image on for size:
  - Appearance change
  - Home cleanliness
  - Exposure (banks, supermarkets)
- Success positively reinforced, failures and setbacks processed



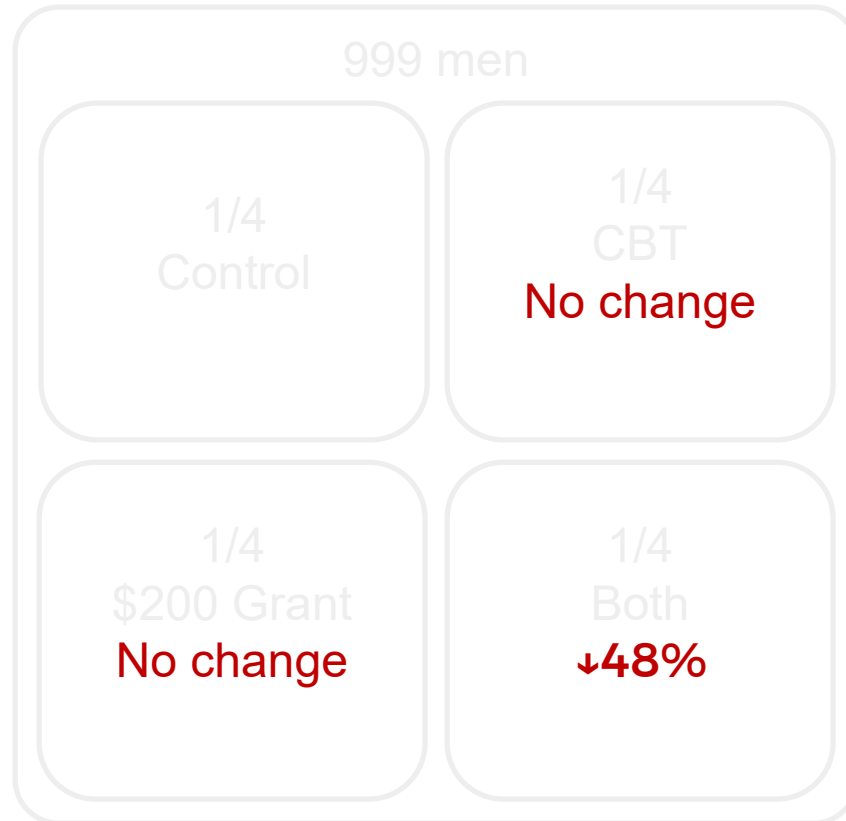


# Two interventions

~\$200 each to implement, plus \$100 administration costs



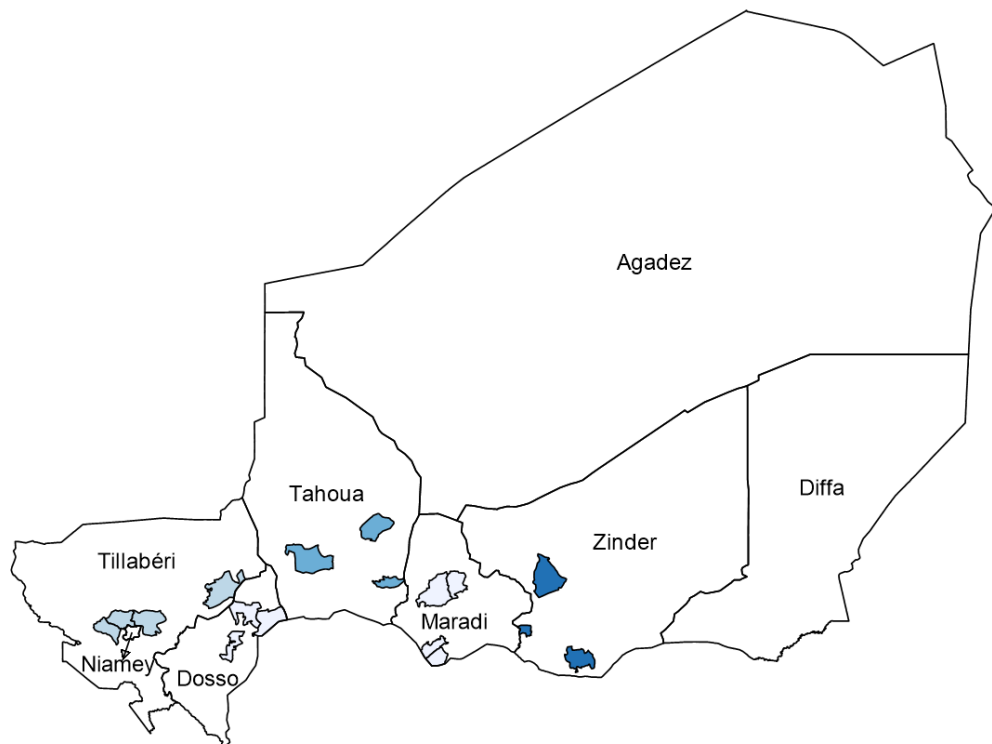
# What happened to violence & antisocial behavior after 1 year?



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# Niger Context: ASP

- **WB Partner:** Africa Gender Innovation Lab and DIME
- **Implementation:** Government run;  
Sep. 2017-Jan. 2019
- **Design:** 325 villages. Mostly women.  
Village-level randomization.
- **Scale/Sample :** Part of large -scale program: 20,600 beneficiaries (4608 HHs measured); >100k in cash transfer program
- **Data:** Follow-up 2; 3 years after baseline
- **Cost:** ~\$300USD per beneficiary, not including cash transfers



Notes: Authors' creation; boundaries from OCHA Common Operational Data.

# Niger: Program built on Cash Transfer program

## 4-country Sahel Adaptive Social Protection Program (ASP)

		<i>CONTROL</i>	<i>CAPITAL Package</i>	<i>PSYCHOSOCIAL Package</i>	<i>FULL Package</i>
	Regular cash transfer program	•	•	•	•
Core components	Group formation and coaching		•	•	•
	Savings groups		•	•	•
	Micro-entrepreneurship training		•	•	•
	Market access facilitation		•	•	•
Psychosocial components	Community sensitization on aspirations and social norms			•	•
	Life-skills training			•	•
Cash grant component	Lump-sum cash grant		•		•
Number of villages (322)		81	80	78	83
Number of sample households (4712)		1206	1191	1112	1203

# Niger: Larger Context for ASP

ASP Country	Beneficiaries (households)
Burkina Faso*	17,900
Mauritania*	2,000
Niger	16,700
Senegal*	14,800
<b>Total</b>	<b>51,400</b>

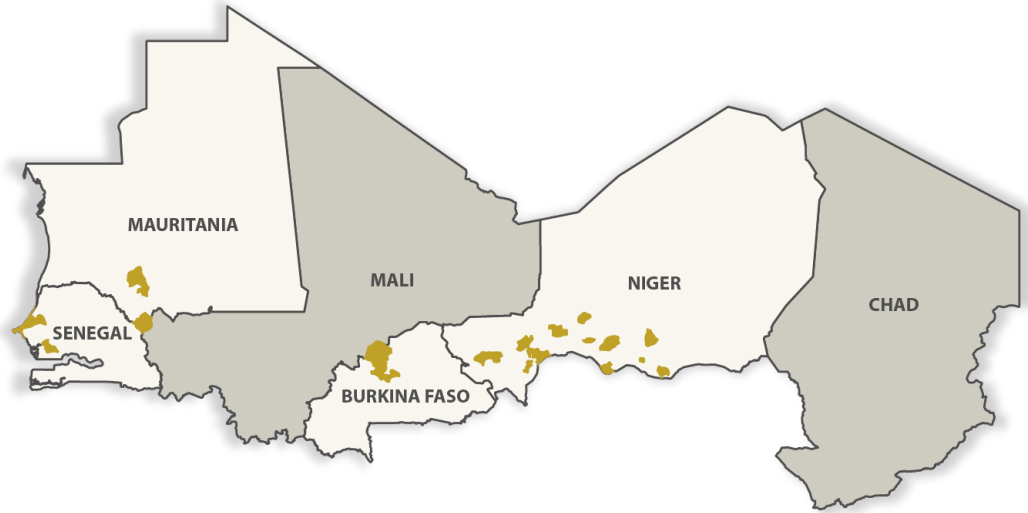
\*Analysis underway

Implementation areas chosen by Governments. No further targeting of beneficiary households

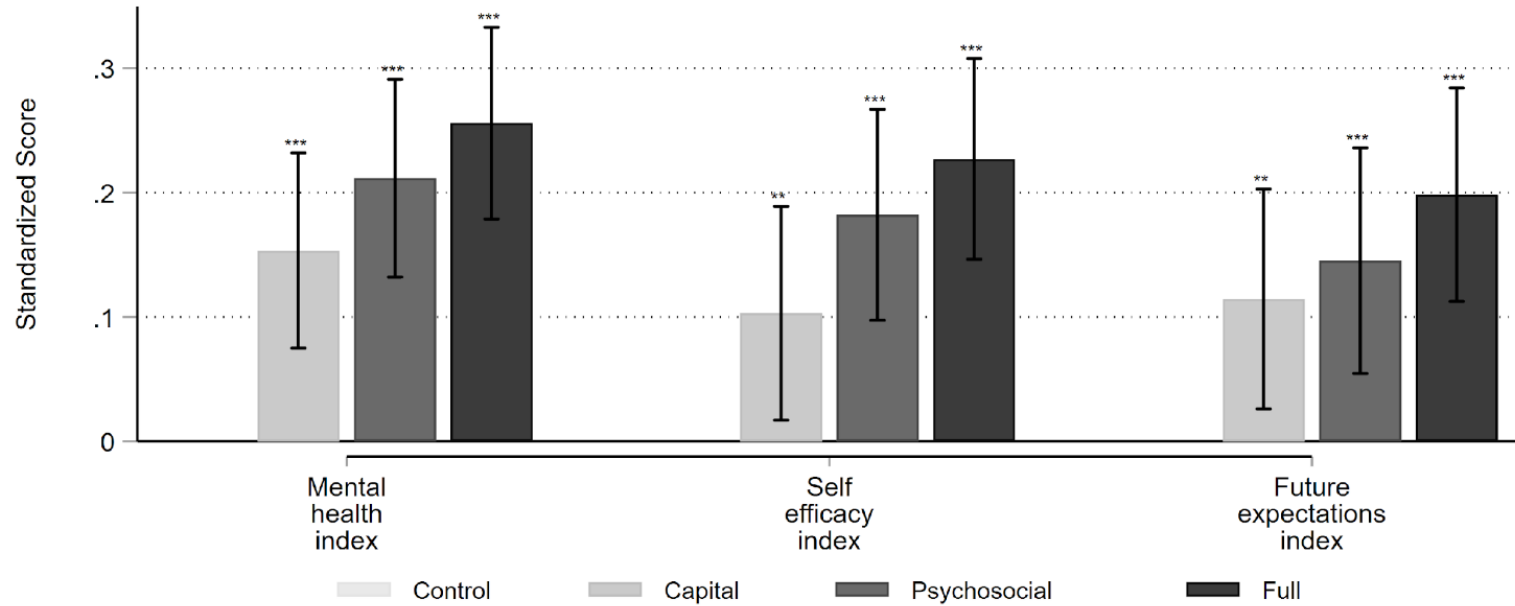
95% women

Senegal implemented in urban areas. Other three countries implemented in rural areas

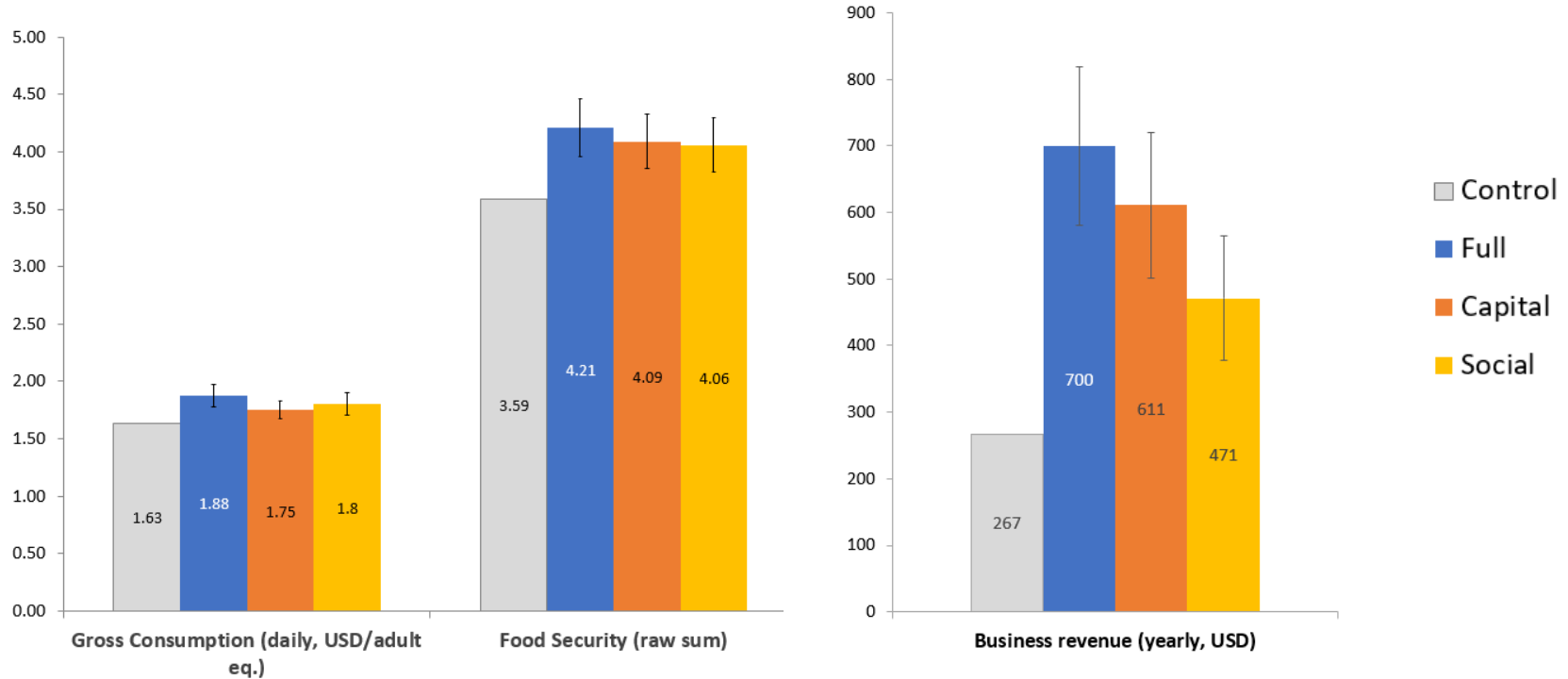
Chad and Mali also implemented productive measures but outside of the multi-country study.



# Niger Results (18 months): Mental Health



# Niger Results (18 months): Consumption and Business Revenue



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Baseline Balance: CBT



**Table 1: Baseline Summary Statistics**

	Treatment Mean	Control Mean	p-value: test treatment coefficient = 0
	(1)	(2)	(3)
<i>A. Male Respondent Characteristics</i>			
Age	43.07	42.99	[0.663]
Married	0.90	0.93	[0.580]
Polygynous	0.17	0.18	[0.908]
Ever attended school	0.50	0.46	[0.386]
Experiencing mild, moderate or severe distress	0.49	0.53	[0.123]
30 - Days in last month in which poor physical or mental health prevented work or regular activities	26.83	26.86	[0.882]
Observations	709	3822	
<i>B. Female Respondent Characteristics</i>			
Age	38.38	39.31	[0.075]
Married	0.75	0.75	[0.096]
Ever attended school	0.40	0.40	[0.797]
Experiencing mild, moderate or severe distress	0.58	0.57	[0.599]
30 - Days in last month in which poor physical or mental health prevented work or regular activities	26.69	26.93	[0.456]
Observations	782	5249	
<i>C. Household-Level Characteristics</i>			
Household size	7.69	7.55	[0.371]
Number of children under age 5	1.53	1.47	[0.525]
Household walls made of mud	0.73	0.75	[0.116]
Household connected to electric grid	0.45	0.43	[0.512]
Household practices open defecation	0.54	0.53	[0.751]
Any adults skipped meals last year	0.50	0.53	[0.631]
Any adults went whole day without food last year	0.29	0.29	[0.551]
Household has agricultural plot	0.89	0.88	[0.154]
Acres owned	5.15	5.06	[0.331]
Household has non-farm enterprise	0.42	0.41	[0.488]
Any household member worked for agricultural wage	0.08	0.08	[0.775]
Any household member works in formal employment	0.06	0.05	[0.017]
Household has cattle	0.09	0.09	[0.285]
Household has goats / sheep / pigs	0.48	0.47	[0.066]
Household has poultry	0.61	0.59	[0.340]
Household has any financial savings	0.40	0.39	[0.964]
Observations	1570	5760	

## Orthogonality Table

	Control	Cash Only	CBT no Grad	Grad no CBT	Both Grad & CBT	Joint Significance Test	N
<b>Household Head Age</b>	44.762 (0.261)	44.763 (0.521)	43.782 (0.463)	45.064 (0.302)	43.490 (0.447)	0.012	6830
<b>Female Household Head</b>	0.269 (0.016)	0.273 (0.023)	0.158 (0.021)	0.280 (0.021)	0.144 (0.020)	0.000	6830
<b>Number of children under 5</b>	1.517 (0.058)	1.549 (0.091)	1.608 (0.077)	1.508 (0.072)	1.558 (0.088)	0.623	6830
<b>HH size</b>	7.768 (0.211)	7.736 (0.251)	8.124 (0.276)	7.834 (0.245)	7.757 (0.261)	0.605	6830
<b>Total Baseline Livestock Value</b>	1179.224 (90.195)	1170.693 (139.209)	1177.215 (127.760)	1180.130 (104.228)	1168.431 (129.061)	1.000	6830
<b>Total Baseline Asset Value</b>	1265.186 (49.655)	1270.634 (79.135)	1397.165 (86.112)	1287.566 (68.037)	1329.470 (74.579)	0.584	6830
<b>Total Baseline Savings Value</b>	142.560 (9.316)	142.464 (17.101)	170.177 (25.979)	167.338 (16.646)	169.621 (19.733)	0.447	6830
<b>Total Baseline Land Size</b>	5.328 (0.286)	4.708 (0.329)	5.460 (0.382)	4.991 (0.308)	5.087 (0.324)	0.266	6830
<b>Total Baseline Business Profits</b>	78.750 (4.751)	80.588 (9.391)	86.213 (8.887)	81.152 (5.892)	75.513 (7.444)	0.882	6830
<b>Kessler Score of Household Head</b>	21.497 (0.198)	21.687 (0.363)	20.876 (0.325)	21.448 (0.245)	20.662 (0.300)	0.016	6310
<b>N</b>	2476	667	688	2228	771		

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# Behavioral Economics & Poverty: Applied to Social Protection

- Broad theory:
  - Psychosocial akin to a subset of human capital
  - Psychosocial “health”  $\Rightarrow$  outcomes
    - Execution shift: Higher return on investment (of time or capital)
    - Beliefs shift: Higher investment due to higher return on investment (Income effect offset? No!)
  - Outcomes  $\Rightarrow$  better psychosocial “health”

# Behavioral Economics 1.0 3.0

Behavioral economics 1.0: Laboratory, theory

Behavioral economics 2.0: Nudge, scalpel-like tests of theory

- Commitment (savings, fertilizer, smoking, etc)
- Attention (reminders)
- Optimism (less studied, beliefs tough to measure! Needs work...)
- Endowment effects & sunk costs  
(less studied, and often nulls: bednets, Halloween candy)
- Social Norms (beliefs, networks/info asymmetries)

Behavioral economics 3.0:

- Broader policy, direct interventions
- Recognizes complexity, heterogeneity
- Built into programs, or are programs

# Today's Plan

1. Can the program work with **just** psycho-social (& savings)?
  - Asked differently: impact of Graduation program without the lump-sum grant?
2. Is mental health “movable”?
  - Short-run? Ghana CBT and Liberia CBT and Niger = Yes
  - Long-run? Ghana CBT maybe ; Liberia CBT Yes; Niger Yes
3. Does mental health increase impact of Graduation?
  - Ghana Escaping Poverty Heifer project: No. At best, substitutes.
4. Mental health/cognitive aspects explain impact heterogeneity?
  - Glance at Bayesian hierarchical modelling paper from original 6-site study

# Additional Tables (Nate's email)

**Baseline Income Components - Cash CBT Only Graduation CBT and Graduation  
vs Control**

	<b>Any commercial livestock income</b>	<b>Any livestock sold</b>	<b>Any business income</b>	<b>Any wage income</b>
<b>High Wealth</b>	-0.00000206	-0.000293	-0.000601	0.000585
	(0.00101)	(0.000293)	(0.00273)	(0.000717)
<b>Observations</b>	6830	6830	6830	6830
<b>Control Mean</b>	1	1	0.99	1
<b>Control SD</b>	0.04	0	0.11	0.03